

**2021 YOUTH CHEERLEADING PROGRAM POLICY**



**Sports Branch  
Semper Fit Division  
Marine Corps Community Services  
Lejeune-New River, NC**

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## Mission & Contacts

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### ***Youth Sports Mission***

Lejeune-New River Youth Sports will develop and deliver quality and affordable youth sports programs to help build positive characteristics through participation in a fun, friendly, and safe family environment. Lejeune-New River Youth will develop a sense of belonging, a sense of worth, and the ability to interact with their peers through participation in Youth Sports.

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### ***Youth Sports Office***

#### **MCB CAMP LEJEUNE**

Hours of Operation: 0830-1630\*

Hours of Registration: 0830-1630(M-F)\*

Location: Bldg. #1985 Stone St.

Contacts: 910-451-2177; 910-451-2159

Mailing Address: Attn: YOUTH SPORTS

1401 West Road

Camp Lejeune, NC 28547

Website: [mccslejeune-newriver.com/youthsports](http://mccslejeune-newriver.com/youthsports)

**\*NOTE:** The Youth Sports office on Stone St. operates Tuesday through Friday 0830-1630 during the sport season. Financial transactions end at 1630 daily.

## Youth Cheerleading Registration Deadlines & Refund Policy

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The registration period will be conducted from 28 June – 23 July 2021. Proof of age (copy of birth certificate, dependent I. D. card) will be required upon registration.

### **Refund Policy**

A full refund will only be given during the open registration period. There will be a \$15 surcharge for disenrollment after the registration period. No refunds will be given after the first game.

### **Financial Hardship Waivers**

Financial Hardship Waivers will be evaluated on a case-by-case basis.

## Purpose

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To provide information and instructions concerning the Lejeune-New River Youth Cheerleading Program, hereinafter called “program”. The program is conducted in conjunction with the Youth Flag Football program.

It is the policy of the League to conduct activities so that the physical and moral welfare of the young people, for whose benefit it is organized, shall remain paramount.

The purpose of the program is to provide authorized youth with a fun activity, which firmly implants the ideals of good sportsmanship, honesty, loyalty, courage, and respect for authority.

## **Coaches', Parents', & Staff Responsibilities**

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### ***Coaches Responsibilities***

Coaches are responsible for creating opportunities for players to acquire the basic knowledge of cheerleading skills as well as implementing concepts of:

- Sportsmanship
- Team Work
- Self-Discipline
- The value of athletic competition

Coaches are responsible for the administrative duties of their team, including but not limited to:

- (1) Providing players with quality instruction matched to the player's learning and understanding levels whenever possible.
- (2) Total administrative control of the team.
- (3) Ensure your assistant coaches are certified through the youth sports office.
- (4) Ensure that assistant coaches and players comply with league rules.
- (5) Always set the example for your team by maintaining the high standards expected of an NYSCA certified coach, which includes but is not limited to: fundamental instruction, skill development, rules of the game, teamwork, and character development. Make your practices fun. Never exercise as a method of punishment, or withhold fluid intake. Hydration is very critical for your young athletes' sustainability and wellness, as is healthy eating habits.
- (6) Ensure assistant coaches and players treat officials and opponents with respect before, during, and after the activity/game.
- (7) Coaches will not leave the facility with players still remaining at the facility (unless the child is accompanied by an adult).
- (8) Coaches are responsible for the accountability of all children assigned to their team and will not leave children unattended.
- (9) Volunteers and staff are not authorized to transport youth in their private vehicles.
- (10) Coaches must be present for all practices at least 15 minutes before scheduled start time. If a coach cannot be present, he/she must ensure a pre-authorized youth sports volunteer is appointed to take their place. All volunteers will be required to wear their Youth Sports Volunteer Lanyard on their outermost garment during all practices and games.

- (11) Coaches will function within limits of their volunteer status. You may not remove players from your team; exchange players between teams; make exceptions to the age requirements; allow unregistered players to participate; or promise parents that their child will play on your team.
- (12) Communicate directly with the Youth Sports Staff or the Youth Sports Manager on any area of concern and incidents that may occur. If the head coach has to step down at any point of the season, they must notify their team members and the youth sports office immediately. The Youth Sports Staff is here to support our families and volunteers.

### ***Parents Responsibilities***

Ensure you and your child attends practices and games; be supportive and encourage all others to abide by, and support the “Parents’ Code of Ethics.”

Parents are required to pick-up their children promptly at the end of practices and scheduled games. If a child is not picked-up within fifteen minutes at the conclusion of practice or a scheduled game, appropriate action will be taken which could result in PMO being contacted.

Communication is vital to the success of the program and the enjoyment of our participants. Please speak directly with the Youth Sports Staff on site or Youth Sports Manager on any area of concern and incidents that occur. The Youth Sports staff is there to support our families and volunteers.

### ***Youth Sports Staff Responsibilities***

MCCS Lejeune-New River Youth Sports Staff are responsible for providing a safe, educative, and skill building sports program for the youth participating in Lejeune-New River Youth Sports Programs. This includes taking all appropriate steps to ensure participant safety, education of coaches, program accessibility, and most of all, maintaining participant fun throughout all programs!

MCCS makes every effort to ensure the safety and well-being of children involved in recreational programs activities like youth sports. This includes conducting thorough background checks and providing annual training for all staff and volunteers on reporting suspicions of child abuse or neglect.

If you suspect child abuse or neglect it is a moral obligation to report your concern. Contact the Family Advocacy Program @ Camp Lejeune 451-9563 or @ MCAS NR 449-6110, and civilian Department of Social Services/CPS at 910-219-1955 or after hours call the Sherriff’s Department 910-455-3113 and ask for the Emergency Duty Social Worker.

If you witness violence or know someone is in immediate danger, call 911 or PMO.

## Guidelines for Social Media Participation

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These guidelines apply to all participants in Lejeune-New River Semper Fit Youth Sports programs, who create or contribute to blogs, wikis, social networks, virtual worlds or any type of Social Media.

Examples: Twitter, Yelp, Wikipedia or Facebook.

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Our goal is to ensure participation in social media that involves MCCA Youth Sports is conducted with respect, and safeguards confidential information of our participants.

1. Postings should not disclose any information that is confidential or disclose information pertaining to individual, volunteer parent or children.
2. Internet postings should not include MCCA logo or trademarks
3. Do not post negative comments or pictures regarding any aspect of Youth Sports. This includes but is not limited to coaching, officiating, parents, staff or participants.
4. Comments that are posted that can be construed as harassment or bullying will not be tolerated.

Failure to comply with guidelines may result in removal from MCCA Youth Sports Program. Concerns regarding any aspect of the Youth Sports program should be directed to the Youth Sports Staff or the Sports Branch Head.

## Semper Fit Rights

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**Marine Corp Community Services, Semper Fit Division has the reserved authority to implement and interpret all rules, regulations, and sanctions stated in this policy manual as written.**

## Governing Rules and Bodies

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### *Governing Bodies*

Operating Procedures stated in this document by the Youth Sports Department will be utilized as the official ruling body/document for the 2021 youth cheerleading season.

MCCA Lejeune-New River Youth Sports will conduct the program.

### *Meetings*

Lejeune-New River Youth Sports will be responsible for organizing and conducting a coaches' meeting prior to the start of the cheer season; and another meeting if necessary, midway through the season.

## ***Safety***

It is the policy of Lejeune-New River Youth Sports to keep all playing sites safe and free of anything that could put a child in danger. In doing so, we follow the National Standards for Youth Sports. **In keeping with these standards, drugs, alcohol, tobacco products and pets are not allowed at any Youth Sports function.** At a minimum, one staff member or volunteer on-site will be CPR certified. Additionally, all final decisions will rest with Youth Sports Administration as related to safety.

## ***Touch Policy***

Touch is absolutely necessary for the nurturance and development of children. MCCS Youth Sports will provide standard procedures addressing appropriate touch. At a minimum, MCCS Youth Sports Volunteers will adhere to the following procedures:

### **APPROPRIATE TOUCH INVOLVES:**

- Recognition of the importance of physical contact to child nurturance and guidance.
- Adults respecting the personal privacy and personal space of children.
- Adults responding to the safety and well-being of the child (i.e. holding hands to cross the street, assisting when a child has an accident, holding a child gently but firmly in a bear hug when the child may endanger himself/herself or others when upset).
- Modeling of appropriate touching such as high-fives, a quick hug, pat on back of head, handshake or other similar types of contact.
- Children have the option to refuse touch except to ensure the safety of other children.

### **INAPPROPRIATE TOUCH INVOLVES:**

- Coercion or other forms of exploitation of the child's lack of knowledge.
- Satisfaction of the adults needs at the expense of the child.
- Violation of laws against sexual contact between an adult and child.
- An attempt to change child behavior with adult force often applied in anger.
- Examples of inappropriate touching includes: forced goodbye hugs and kisses, corporal punishment, slapping, striking, pinching, tickling for prolonged periods, grabbing or pulling a child toward you in anger, fondling, or molestation.

## ***Head Injuries***

MCCS Youth Sports is dedicated to providing a safe playing atmosphere for the Lejeune-New River community, therefore, the NYSCA philosophy regarding injuries of "When in doubt, take them out" should always prevail. The following policies and procedures will be adopted concerning potential head injuries.

If a participant appears to be confused, unconscious, or dazed as a direct result of an impact to the head, coaches will administer the Standards Assessment of Concussions to the participants.

If any of the tests lends itself to a possible concussion the athlete will be removed from the activity and will not be allowed to return until given **written** medical clearance by a health care professional with experience in evaluating for concussion.

**Prior to season start:** All coaches will complete the Center for Disease Control's "Heads Up Online Training Course" and present a certificate of completion to the MCCS Youth Sports Office.

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All MCCS Sports Staff will complete the Center for Disease Control's "Heads Up Online Training Course" annually.

Parents will read and sign the "Heads Up" FAQ sheet at the time of registration.

In order to develop a baseline assessment for the participant; parents and coaches are encouraged to perform the SAC test prior to the season.

Coaches and Youth Sports staff members will be required to keep the SAC test accessible during all practices and games.

All incidents of head injury **must be reported to the Youth Sports office immediately.** **\*All coaches receive blank incident & mishap reports in their coaches' packet.** **All incident & mishap reports** will be documented **and maintained** by the MCCS Youth Sports office.

## **Drug, Alcohol, Tobacco, and Pet Policy**

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MCCS is committed to providing an environment that does not encourage the use of tobacco, drugs or alcohol. Tobacco includes, but is not limited to: cigars, cigarettes, electronic-cigarettes (e-cigarettes), stem pipes, water pipes, hookahs, and smokeless products that are chewed, dipped, or sniffed.

Our organization's goal is to provide a safe and healthy youth recreational environment and we recognize that there are numerous health hazards resulting from the use of drugs, alcohol, and tobacco products including smokeless products (*e.g.* e-cigarettes). We understand our responsibility to the participants is to model and promote healthy lifestyles. We also realize that the commercial alcohol and tobacco industries strive to make a connection between athletics and alcohol & tobacco use and we promise to refuse any compensation, either monetary or goods, from any tobacco organization's program, promotion, or advertisement.

We stress to coaches, officials, administrators, parents, volunteers, spectators, and all others involved the importance of maintaining a tobacco, drug and alcohol, and pet free environment while working with young people. Through a collective effort we will provide an environment that is free of tobacco, drugs and alcohol, and pets at all events.



The use or possession of any form of tobacco, drugs or alcohol during MCCS activities is prohibited. This includes, but is not limited to leagues, practices, games, tournaments, competitions and organization-sponsored events. This policy applies to all participants, coaches, officials, administrators, parents, volunteers, spectators, and all others involved in the program.

**References:** MCIEAST-MCB CAMLEJO 1700.6 (Alcohol/Drugs)  
SECDEF Policy Memo 16-001 Dtd. 8 Apr 16 (Tobacco policy- e-cigs)  
MCIEAST-MCBCAMLEJO 10570.2 (Pets)

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## **Youth Sports Eligibility Criteria**

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### ***Youth Athlete***

Family members of active duty military, retired military, DOD, and MCCS employees between the ages of six and twelve as of 1 September of the participation year are eligible to participate in this program.

### **Participation Criteria**

The intent of the program is to ensure that all participants have ample opportunity to participate. All participants are encouraged to attend practices regularly. Those participants who miss both practices during the week may not be allowed to cheer at games on Saturdays. The only exception to this rule will be bona fide illness, injury or family emergency. Exceptions will also be considered on a case- by-case basis. It is our intent however to maintain program integrity and ensure that everyone gets to participate.

### ***Coaches of Youth Sports***

Coaches are volunteers and must be at least 18 years of age to be a Head coach, or 16 years of age to be an assistant coach and approved by the Youth Sports Department. Cheer squads will consist of a head coach and one assistant coach. A team parent is permitted, but does not serve in a coaching capacity.

### **Coaches' Package**

Coaches are selected providing all preliminary coaching criteria is met. Individuals interested in coaching must submit a volunteer coach's package to youth sports, and complete the following additional requirements:

1. Complete the NYSCA youth sports certification program.
2. Complete an FBI criminal background check at MCCS Human Resources, Bldg. 1401.
3. Complete the DD2981 Basic Criminal History and Statement of Admission annually.
4. Complete the CDC "Heads-Up" Concussion Training program.
5. Attend Child Abuse Prevention/Recognition training. *Note:* Active Duty Volunteers may provide documentation of current UMAPIT or IDC training in lieu of annual class.

### **Background Checks**

All persons applying to be a coach of a youth sports program are required to successfully complete a FBI criminal background check as stated in DODI 1402.05. The ultimate decision to determine successful completion and fulfillment of the criminal background check is at the discretion of the Youth Sports Manager and/or Athletic Director. All applicants will sign the background check as signed under penalty of perjury, and additionally sign a volunteer agreement, touch policy & volunteer job description. Evaluation of criminal history background checks is made and monitored by the Youth Sports Manager and/or Athletic Director; final position hiring decisions rest with the same individuals.

Refusal to fulfill a background check will be considered an automatic disqualifier for the applicant refusing.

### **Mandatory Disqualifiers for Youth Coaches**

Applicants found to have offenses, or current investigations, which fall within the following categories shall not be permitted to coach in Youth Sports.

1. ANY conviction, to include current investigations, for a sexual offense, a drug felony, a violent crime, or a criminal offense involving a child or children.
2. A wide range of offenses such as arson, homicide, robbery, fraud, or any offense involving possession or use of a firearm.
3. Evidence that the individual is a fugitive from justice.
4. Evidence that the individual is an illegal alien who is not entitled to accept gainful employment for a position.

### **Discretionary Criteria Disqualifiers for Youth Coaches**

Applicants found to have offenses that fall within the following categories will only be allowed to coach a youth sports program at the discretion of the Youth Sports Manager and/or Sports Branch Manager. Additional information, interviews, etc. pertaining to the offense in question may be requested before a final decision is made.

1. Acts that may tend to indicate poor judgment, unreliability, of untrustworthiness in working with children.
2. Any behavior; illness; or mental, physical, or emotional condition that in the opinion of a competent medical authority may cause a defect in judgment or reliability.
3. Offense involving assault, battery, or other abuse of a victim, regardless of age of the victim.
4. Evidence or documentation of substance abuse dependency.
5. Illegal or improper use, possession, or addiction to any controlled or psychoactive substance, narcotic, cannabis, or other dangerous drug.
6. Sexual acts, conduct, or behavior that, because of the circumstances in which they occur, may indicate untrustworthiness, unreliability, lack of judgment, or irresponsibility in working with children.
7. A wide range of offenses such as arson, homicide, robbery, fraud, or any offense involving possession or use of a firearm.
8. Evidence that the individual is a fugitive from justice.
9. Evidence that the individual is an illegal alien who is not entitled to accept gainful employment for a position.

10. A finding of negligence in a mishap causing death or serious injury to a child or dependent person entrusted to their care.

### **Selection Process**

The selection process will include a review of the coach's package, background check, having a child or not on the team, past coaching performance, and experience in the specific sport. Willingness to participate in meeting(s), clinics and participant evaluations, as applicable, are also considerations.

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Prospective coaches should apply for coaching consideration at the Youth Sports Office no later than one week prior to the registration deadline. Coaching application, training and background check must be finalized prior to gathering as a team.

### **Certification Requirements**

The National Youth Sport Coaches Association (NYSCA) must certify all head coaches and assistant coaches. All volunteers must attend Child Abuse Prevention/Recognition training annually. The Youth Sports Department will announce training & certification clinics. All coaches are required to attend any and all seminars/clinics that the program may require.

### **Basic Coaching Guidelines**

- 1) While each coach will have his or her own style of coaching, the Head Coach is ultimately responsible for all activities their team engages in. All subordinate coaches take direction from, and report to the Head Coach. Parents should support the Head Coach's requests for things within reason. Since there is an enormous amount of responsibility placed upon the Head Coach, they should be properly prepared to carry out the basic tasks of team training, and organization.
- 2) Ensure the players are warmed up and stretched before every practice/game.
- 3) Make sure to do a cool down stretch at the conclusion of every practice/game.
- 4) Ensure coaches leading warm ups know all the proper stretches and can demonstrate for players.
- 5) Ensure parents understand how to dress players for practice/games.
- 6) Coaches must ensure that player's equipment is worn properly before ANY contact at ANY time. Looking over players before/between drills or at breaks in activity is the best time to do this.
- 7) Ensure each player has all necessary equipment for any contact related drills, or exercises. This includes footwear.
- 8) Coaches must enforce proper technique at all times. Any movement that is incorrect on the part of the player should be corrected by the coaching staff. Practice does not make perfect. Practice makes permanent. Allowing players to practice improper technique places unnecessary risk on the players as it will become habit.
- 9) Players must be taught basic skills such as proper stance, movement, body positioning and so on constantly.

***10) Safety in training should be the primary focus of all coaches/players/parents involved in the Youth Sports Cheer Program. Any coach/parent/player should be able to freeze practice if an unsafe condition exists.***

## **Squad Formation Criteria**

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### ***Squad Formation***

The size of each squad will be determined by the number of participants enrolled on the last day of registration.

Those who sign up after the last day of registration will be placed on a Space- Available list and assigned to a squad if space becomes available. The “Space- A” list will be kept on a first come-first served basis. No new participants will be added to a team roster for the last 2 regular season games.

### ***Player Placement/Squad Assignments***

Children of the head coach and the assistant coach meeting the age requirement of the division being coached will automatically be assigned to his/her squad, unless requested not to do so by the coach. One team parent is permitted and does not serve in a coaching capacity. All guidelines must be met for background checks and NYSCA certification. No other adults are permitted to assist with official team functions i.e. have access to PII, or assist on the field.

Under age children or children not registered in the cheerleading program will not be allowed to participate in practices, games or serve as mascots.

Siblings will cheer on the same squad if in the same division unless otherwise requested by their parents.

### **Aging Up**

Parents may request to advance a child from their normal age group, for ages 9 and up, if that child’s skills are above his/her age group. The participant must be within (1) one year of that division’s age group(i.e.: an 8 year old will not be advanced to the 10-12 year old age group). The participant must be evaluated with the age group to determine if the participant is on a comparable physical and agile level of that age group. If the player is not assessed within the guidelines, he or she may not be moved.

### **Aging Down**

Parents may request to hold back a participant from their normal age group if that participant has a diagnosed developmental delay, or a physical or mental disability. Appropriate medical documentation of disability and a recommendation from the health care provider must be provided. Youth Sports may evaluate that player prior to a final decision. If it is judged that the participant’s skill/emotional levels exceed the requested level of participation, they will be returned to their age appropriate division.

## Uniforms

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A portion of the registration fee is used to issue uniform tops to participants; upon the completion of the season the uniform top becomes the property of the participant. Uniforms are not permitted to be altered or personalized during the season; unauthorized alterations of a uniform will require the parent to pay for a replacement uniform. Parents must indicate uniform size at time of registration. *Only a limited number of extra uniforms are ordered; if a uniform does not fit, parents may exchange the uniform while supplies last.*

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### **Check-out**

The Youth Sports Department will designate a date and time for uniform issuance for each team. Coaches will be responsible for uniform issue. Coaches will have the sponsor fill out a uniform custody sheet for their child's uniform at the time of issue. Issued MCCS uniform apparel must be turned in no later than 2 weeks after the season has completed.

### **Authorized Users and Usage**

Only registered youth participants are authorized to wear issued uniforms. Coaches or parents are not permitted to wear uniforms issued by Youth Sports. Uniforms will be worn for games and pictures only. They are not to be worn to any other function or to school.

### **Personally Purchased Uniforms**

Teams will not be allowed to purchase their own uniforms for use in the program.

### **Personally Provided Uniform Apparel and Requirements**

Turtlenecks, hair bows, gloves, bloomers and socks will be the only additional items allowed to be worn with the uniform.

It is an option for parents to purchase turtlenecks or undershirts, bows etc. It is at the discretion of the parent of the athlete to "opt" out of purchasing the additional items. Under NO circumstance will a child will be penalized if their parent choses to "opt" out of purchasing additional uniform items (e.g. - A cheerleader may not be passed over for cheer captain because of a parent's decision to opt out.) A reasonably priced accessory cheer package will not exceed \$45.00.

Coaches must disclose to parents, prior to placement of an order, the cost of items when being purchased in bulk. Coaches cannot specify a specific brand as a requirement. General style and color are the only permissible criteria. Coaches will maintain receipts of items purchased in bulk on behalf of the team and will be provided to parents upon request. No personalization of uniform apparel is authorized.

### **Mascots**

Mascots will not be approved for any reason in the Youth Sports Program.

## Squad Practices

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### ***Time and Place***

Practice sessions are the responsibility of the head coach. Practice days will be established through coordination of the coach and the Youth Sports Office.

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Practices will be limited to two (2) practices per week. Length of practices will be 60 minutes for all age groups/divisions.

### ***Authorized Practice Facilities***

Practice sessions must be conducted using facilities aboard military installations. Practices with city/county teams outside the military installations wearing MCCA uniforms and using MCCA equipment will not be authorized.

### ***Practice Courtesies, Parent Responsibilities***

Please adhere to your practice times as assigned. Parents are required to pick up their children from practice promptly at the conclusion of their scheduled practice. Coaches are responsible for the accountability of all children and will not leave children unattended. If participants are not picked up within fifteen (15) minutes of completion of practice, or special arrangements made, Youth Sports Staff reserve the right to contact PMO.

## Games

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Schedules for the Youth Flag Football games will be published and distributed to Head Coaches prior to the start of the season. Coaches are then responsible to provide the parents and participants with a season schedule. Schedules will be posted on the youth sports web page, and will also be available for pick up in the youth sports office.

### ***Playing Conditions/Inclement Weather Policy-Procedures***

In the event of inclement outdoor weather before game time, or facility shut down by MCB Camp Lejeune or MCAS New River, the designated Youth Sports Coordinator will cancel scheduled games at the respective facility. The Youth Sports staff member on site will attempt to call every coach in the event of a cancellation on game days. If cancellation occurs during normal Youth Sports office hours TU-FRI during the season (0830-1700) we will contact coaches of the cancellation.

### **Hot weather guidelines**

Pre-cautions must be taken to **prevent heat-related problems**. The following should be considered when scheduling practice: time of day, intensity level of practice, and environmental conditions. High temperature and a high humidity create a dangerous situation for the athletes. However, a high humidity and low temperature can cause serious heat-related problems. (Flag conditions: 451-1717, press #1, then press #3, then press #1 for Bldg. #1 Recording; for MCAS dial 449-6322)

- (1) Black Flag Conditions: No Practice Allowed

- (2) Red Flag Conditions: Restricted practice condition. Mandatory water breaks every fifteen minutes.
- (3) Yellow Flag Conditions: No restrictions. Mandatory water breaks every thirty minutes.
- (4) Green Flag Conditions: No restrictions. Mandatory water breaks every thirty minutes.
- (5) The Automated Heat Stress system can also be accessed at:  
<https://ahss.lejeune.usmc.mil> for current flag conditions

Coaches are responsible to make sure that their cooler is full of water and made available in unlimited amounts throughout practices and games. Instruct your players to bring a water bottle no matter what the temperature is! Failure to provide hydration can result in removal from the program.

### ***Game-time Rules***

All coaches, parents and participants must remember that this is a recreational program and all cheers should be kept simple and age appropriate.

- No negative sounding cheers allowed. Cheer for your team and not against any other team.
- Dance routines will be kept clean, no provocative gestures allowed. (No lifting of skirts at any time.)
- Flags, banners, signs, pom-poms and megaphones are the only props allowed.
- Tumbling: Skills must involve physical contact with the performing surface. Forward and backward rolls, front and back walkovers, handstands, cartwheels and round offs are allowed. Front and back handsprings and dive rolls are not allowed.
- Stunts: No extended stunts allowed. Bases may not go above the shoulders.
- Dismounts: Only straight pop downs and basic straight cradles are allowed. 1/4 turns are not allowed.
- Release moves: No release moves allowed other than those permitted in dismounts and releases.
- Inversions: No inversions allowed.
- Pyramids: Pyramids may not go higher than 3 levels (on hand and knees), or 2 levels if standing.
- Tosses: No basket, sponge (squishy/scrunch) tosses allowed. Helicopter tosses are not allowed.

### ***Routine Times***

During halftime, Cheer Squads will share half of the intermission with the other cheer squads. Cheerleaders must be ready and organized to hit the field when halftime starts. If there is more than one Cheer Squad, you must share the five minutes. The designated home squad will go first.

### Season Awards

All participants in all age divisions will receive a participation certificate at the end of the season, to be determined by Youth Sports.

### Code of Conduct

#### Code of Conduct for All Involved

The Code of Conduct applies to all parties relative to all athletic programs, facilities, and personal interactions and communications. The Code of Conduct may be applied in addition to penalties assessed to ejected players, coaches, and spectators.

OFFENSE	ACTION(S)	LENGTH OF SANCTION(S)	SANCTION(S)
LEVEL 1	<ul style="list-style-type: none"><li>Excessive Profanity</li><li>Taunting/ Baiting</li><li>Argumentative/Unruly Behavior</li><li>Failure to comply after Warning</li><li>Other Offenses deemed Level 1</li></ul>	One (1) week	Immediate removal from site; plus one week ban from all Division programs, activities, and facilities.
LEVEL 2	<ul style="list-style-type: none"><li>Verbal Abuse</li><li>Inciting unruly behavior</li><li>Abuse/Damage to Property</li><li>Failure to comply with Smoking/Tobacco Policy</li><li>Other offenses deemed Level 2</li></ul>	Two (2) weeks	Immediate removal from site; plus two week ban from all division programs, activities, and facilities
LEVEL 3.1	<ul style="list-style-type: none"><li>Fighting</li><li>Verbal/Written Threats</li><li>Possession/Use of alcohol /drugs</li><li>Other offenses deemed Level 3.1</li></ul>	One (1) Year	Immediate removal from site; plus sanctions according to severity of offense.*
LEVEL 3.2	<ul style="list-style-type: none"><li>Assaulting a patron, official or staff member</li><li>Weapons Possession/Use</li><li>Other offenses deemed Level 3.2</li></ul>	Two (2) years	Immediate removal from site; plus 2 year ban from all division programs, activities and facilities (possible criminal offense per state statute)*

*\*Level 3.1 and 3.2 offenders must petition to appear before the Semper Fit Sports branch to seek reinstatement after their ban expires. The NYSCA status of coaches will be reviewed upon commission of a Level 3.1 or 3.2 offense.*



## **Ejections & Suspensions**

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### ***Grounds for Ejection/Suspension***

Coaches, players and spectators shall be subject to ejection from the game and playing area by the officials or Youth Sports staff for misconduct.

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### ***Sanctions for Ejections***

#### **Removal from Premises**

Coaches, players and spectators ejected from a game must leave the premises for the remainder of the day. Play will not resume until the ejected individual has been removed.

Coaches, players and spectators ejected will not be eligible to attend or participate in the next scheduled game. Determination for suspension of a coach, player or spectator for a longer period of time, will be the responsibility and at the discretion of the Youth Sports Manager.

Suspension or dismissal from the season's play may occur with any serious infraction involving unsportsmanlike conduct at the discretion of the Lejeune-New River Athletic Director.

#### **Refusal to Leave**

Refusal by an ejected coach or participant to leave the area within the time specified by the officials shall result in immediate termination and forfeiture of the game.

Refusal by an ejected spectator to leave the area with the time specified by the officials shall result in the suspension of the game until proper authorities can arrive and escort the ejected spectator out of the facility.

### ***Grievance & Misconduct Cases***

#### **Submissions**

Instances of misconduct by a participant, coach, spectator or official shall be referred in writing by the complainant to the Youth Sports Department. Grievances must be submitted within 48 hours from the occurrence of the incident.

#### **Replies**

Within 48 hours of receipt of a written complaint the Youth Sports Department will contact the complainant to confirm that appropriate action has been initiated or concluded.

The Youth Sports Department will forward the grievance to the MCCS Semper Fit Sports Branch Athletic Director.

#### **Appeals**

Any grievance decision may be appealed in writing with five days to the Lejeune-New River Athletic Director.