

| Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus |                                          |                                              | Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool |                                                           |                                 |
|----------------------------------------------------------------------------|------------------------------------------|----------------------------------------------|------------------------------------------------------|-----------------------------------------------------------|---------------------------------|
| ALPHA WEEK                                                                 | MONDAY                                   | TUESDAY                                      | WEDNESDAY                                            | THURSDAY                                                  | FRIDAY                          |
| This institution is an equal opportunity provider.                         | June 30, 2025                            | July 1, 2025                                 | July 2, 2025                                         | July 3, 2025                                              | July 4, 2025                    |
| BREAKFAST                                                                  |                                          |                                              |                                                      |                                                           |                                 |
| Fruit                                                                      | Fruit Cocktail (C)                       | Diced Pears (PT)<br>Orange Slices (T/PS) (C) | Bananas                                              | Fruit Cocktail (PT) (C)<br>Tropical Fruit (T/PS) (C)      |                                 |
| Meat or Meat Alt (Optional)                                                |                                          |                                              |                                                      |                                                           |                                 |
| Grain                                                                      | Life Cereal (W)                          | Whole Grain French Toast Sticks (D, E, S, W) | Oatmeal w/ Brown Sugar and Cinnamon (D)              | Rice Chex Cereal                                          |                                 |
| Milk*, fluid                                                               | Milk (D)                                 | Milk (D)                                     | Milk (D)                                             | Milk (D)                                                  |                                 |
| Condiments                                                                 |                                          | Syrup                                        | Butter (D)                                           |                                                           |                                 |
| LUNCH                                                                      |                                          |                                              |                                                      |                                                           |                                 |
| Fruit                                                                      | Applesauce                               | Diced Peaches                                | Mandarin Oranges (C)                                 | Crushed Pineapple(PT) (C)<br>Pineapple Tidbits (T/PS) (C) | CLOSED<br><br>HAPPY 4TH OF JULY |
| Vegetable                                                                  | Green Beans                              | Corn                                         | Potato Medley                                        | Spinach                                                   |                                 |
| Meat or Meat Alt                                                           | Sliced Ham & Cheese (D)                  | Black Beans                                  | Egg Patty (D, E, S)                                  | Teriyaki Diced Chicken (S, W, C)                          |                                 |
| Grain                                                                      | Whole Wheat Flour Tortilla (W)           | Jasmine Rice                                 | Whole Wheat Biscuit (D, S, W)                        | Fried Jasmine Rice (S, W)                                 |                                 |
| Milk*, fluid                                                               | Milk (D)                                 | Milk (D)                                     | Milk (D)                                             | Milk (D)                                                  |                                 |
| Condiments                                                                 | Mustard, Mayo (E)                        | Salsa (C), Shredded Cheese (D)               | Ketchup (C), Jelly, Shredded Cheese (D), Butter (D)  |                                                           |                                 |
| SNACK                                                                      |                                          |                                              |                                                      |                                                           |                                 |
| Fruit                                                                      |                                          |                                              | Diced Peaches (PT)<br>Apple Slices (T/PS)            |                                                           |                                 |
| Vegetable                                                                  |                                          | Cucumber Slices                              |                                                      |                                                           |                                 |
| Meat or Meat Alt                                                           | String Cheese (D)                        |                                              | Dannon Light & Fit Vanilla Yogurt (D)                |                                                           |                                 |
| Grain                                                                      | Whole Grain Sweet Potato Crackers (S, W) | Whole Grain Cracker Bites (D, S, W)          |                                                      | Whole Grain Cheese Snack Crackers (D, S, W)               |                                 |
| Milk*, fluid                                                               |                                          |                                              |                                                      | Milk (D)                                                  |                                 |
| Condiments                                                                 |                                          | Ranch Dressing (D, E, S)                     |                                                      |                                                           |                                 |

| Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus |                                     |                                                           |                                                          | Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool |                                          |
|----------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------|----------------------------------------------------------|------------------------------------------------------|------------------------------------------|
| BRAVO WEEK                                                                 | MONDAY                              | TUESDAY                                                   | WEDNESDAY                                                | THURSDAY                                             | FRIDAY                                   |
| This institution is an equal opportunity provider.                         | July 7, 2025                        | July 8, 2025                                              | July 9, 2025                                             | July 10, 2025                                        | July 11, 2025                            |
| BREAKFAST                                                                  |                                     |                                                           |                                                          |                                                      |                                          |
| Fruit                                                                      | Fruit Cocktail (C)                  | Crushed Pineapple(PT) (C)<br>Pineapple Tidbits (T/PS) (C) | Bananas                                                  | Diced Peaches                                        | Diced Mangoes                            |
| Meat or Meat Alt (Optional)                                                |                                     |                                                           | Egg Patty (D, E, S)                                      |                                                      |                                          |
| Grain                                                                      | Rice Krispy Cereal                  | Whole Wheat Pancakes (D, E, S, W)                         |                                                          | Cheesy Grits (D, S, W)                               | Cheerios Cereal                          |
| Milk*, fluid                                                               | Milk (D)                            | Milk (D)                                                  | Milk (D)                                                 | Milk (D)                                             | Milk (D)                                 |
| Condiments                                                                 |                                     | Syrup, Butter (D)                                         | Ketchup (C), Shredded Cheese (D)                         | Butter (D)                                           |                                          |
| LUNCH                                                                      |                                     |                                                           |                                                          |                                                      |                                          |
| Fruit                                                                      | Diced Pears                         | Mandarin Oranges (PT) (C)<br>Sliced Oranges (T/PS) (C)    | Applesauce                                               | Fruit Cocktail (PT) (C)<br>Tropical Fruit (T/PS) (C) | Applesauce (PT)<br>Apple Slices (T/PS)   |
| Vegetable                                                                  | Diced Carrots                       | Green Peas                                                | Shredded Lettuce & Diced Tomatoes (C)                    | Sweet Potatoes                                       | Corn                                     |
| Meat or Meat Alt                                                           | Sunbutter & Jelly String Cheese (D) | Diced Ham                                                 | Taco Seasoned Ground Turkey (C)                          | Diced Chicken in BBQ Sauce (C)                       | Ground Turkey Chili (C)                  |
| Grain                                                                      | Whole Wheat Bread (S, W)            | Whole Grain Macaroni w/ Cheese (D, S, W)                  | Whole Wheat Flour Tortilla (W)                           | Whole Wheat Biscuit (D, S, W)                        | Cornbread (D, E, S, W)                   |
| Milk*, fluid                                                               | Milk (D)                            | Milk (D)                                                  | Milk (D)                                                 | Milk (D)                                             | Milk (D)                                 |
| Condiments                                                                 |                                     |                                                           | Ranch Dressing (D, E, S), Salsa (C), Shredded Cheese (D) | Jelly, Butter (D)                                    |                                          |
| SNACK                                                                      |                                     |                                                           |                                                          |                                                      |                                          |
| Fruit                                                                      |                                     | Diced Peaches                                             |                                                          |                                                      | Diced Pears                              |
| Vegetable                                                                  |                                     |                                                           |                                                          | Cucumber Slices                                      |                                          |
| Meat or Meat Alt                                                           |                                     | Dannon Light & Fit Vanilla Yogurt (D)                     |                                                          |                                                      |                                          |
| Grain                                                                      | Whole Wheat Soft Mini Pretzel (W)   |                                                           | Trail Mix (Cheerios, Kix, Rice Chex & Raisins)           | Whole Wheat Pita Bread Wedges (W)                    | Whole Grain Sweet Potato Crackers (S, W) |
| Milk*, fluid                                                               | Milk (D)                            |                                                           | Milk (D)                                                 |                                                      |                                          |
| Condiments                                                                 | Honey Mustard (E, S)                |                                                           |                                                          | Hummus (C)                                           |                                          |

| Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus |                                             |                                                           |                                               | Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool   |                                             |
|----------------------------------------------------------------------------|---------------------------------------------|-----------------------------------------------------------|-----------------------------------------------|--------------------------------------------------------|---------------------------------------------|
| CHARLIE WEEK                                                               | MONDAY                                      | TUESDAY                                                   | WEDNESDAY                                     | THURSDAY                                               | FRIDAY                                      |
| This institution is an equal opportunity provider.                         | July 14, 2025                               | July 15, 2025                                             | July 16, 2025                                 | July 17, 2025                                          | July 18, 2025                               |
| BREAKFAST                                                                  |                                             |                                                           |                                               |                                                        |                                             |
| Fruit                                                                      | Diced Peaches                               | Crushed Pineapple(PT) (C)<br>Pineapple Tidbits (T/PS) (C) | Bananas                                       | Mandarin Oranges (PT) (C)<br>Sliced Oranges (T/PS) (C) | Blueberries                                 |
| Meat or Meat Alt (Optional)                                                |                                             | Egg Patty (D, E, S)                                       |                                               |                                                        |                                             |
| Grain                                                                      | Cornflakes Cereal (W)                       |                                                           | Kix Cereal                                    | Cream of Wheat w/ Brown Sugar (D, W)                   | Whole Wheat Pancakes (D, E, S, W)           |
| Milk*, fluid                                                               | Milk (D)                                    | Milk (D)                                                  | Milk (D)                                      | Milk (D)                                               | Milk (D)                                    |
| Condiments                                                                 |                                             | Ketchup (C), Shredded Cheese (D)                          |                                               | Butter (D)                                             | Syrup, Butter (D)                           |
| LUNCH                                                                      |                                             |                                                           |                                               |                                                        |                                             |
| Fruit                                                                      | Mandarin Oranges (C)                        | Fruit Cocktail (PT) (C)<br>Tropical Fruit (T/PS) (C)      | Diced Pears                                   | Applesauce                                             | Fruit Cocktail (C)                          |
| Vegetable                                                                  | Potato Salad (E, S)                         | Green Peas                                                | Diced Carrots                                 | Chopped Broccoli                                       | Sweet Potatoes                              |
| Meat or Meat Alt                                                           | Sliced Turkey & Cheese (D)                  | Diced Chicken w/ Alfredo Sauce (D, S)                     | Cowboy Beans (Ground Turkey, Baked Beans) (C) | Diced Turkey w/ Gravy (D, S, W)                        | Ground Turkey in Sloppy Joe Sauce (C)       |
| Grain                                                                      | Whole Wheat Pita Bread (W)                  | Linguini Noodles (W)                                      | Cornbread (D, E, S, W)                        | Jasmine Rice                                           | Whole Wheat Biscuit (D, S, W)               |
| Milk*, fluid                                                               | Milk (D)                                    | Milk (D)                                                  | Milk (D)                                      | Milk (D)                                               | Milk (D)                                    |
| Condiments                                                                 | Mustard, Mayo (E)                           |                                                           |                                               |                                                        | Ketchup (C), Jelly, Butter (D)              |
| SNACK                                                                      |                                             |                                                           |                                               |                                                        |                                             |
| Fruit                                                                      |                                             |                                                           | Diced Peaches (PT)<br>Apple Slices (T/PS)     |                                                        |                                             |
| Vegetable                                                                  |                                             | Cucumber Slices                                           |                                               |                                                        |                                             |
| Meat or Meat Alt                                                           |                                             |                                                           | Dannon Light & Fit Vanilla Yogurt (D)         |                                                        | String Cheese (D)                           |
| Grain                                                                      | Whole Wheat Berry Animal Crackers (D, S, W) | Whole Grain Cracker Bites (D, S, W)                       |                                               | Whole Wheat Pita Bread Wedges (W)                      | Whole Grain Cheese Snack Crackers (D, S, W) |
| Milk*, fluid                                                               | Milk (D)                                    |                                                           |                                               | Milk (D)                                               |                                             |
| Condiments                                                                 |                                             | Ranch Dressing (D, E, S)                                  |                                               | Jelly                                                  |                                             |

| Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus |                                          |                                              |                                                     | Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool      |                                             |
|----------------------------------------------------------------------------|------------------------------------------|----------------------------------------------|-----------------------------------------------------|-----------------------------------------------------------|---------------------------------------------|
| ALPHA WEEK                                                                 | MONDAY                                   | TUESDAY                                      | WEDNESDAY                                           | THURSDAY                                                  | FRIDAY                                      |
| This institution is an equal opportunity provider.                         | July 21, 2025                            | July 22, 2025                                | July 23, 2025                                       | July 24, 2025                                             | July 25, 2025                               |
| BREAKFAST                                                                  |                                          |                                              |                                                     |                                                           |                                             |
| Fruit                                                                      | Fruit Cocktail (C)                       | Diced Pears (PT)<br>Orange Slices (T/PS) (C) | Bananas                                             | Fruit Cocktail (PT) (C)<br>Tropical Fruit (T/PS) (C)      | Blueberries                                 |
| Meat or Meat Alt (Optional)                                                |                                          |                                              |                                                     |                                                           |                                             |
| Grain                                                                      | Life Cereal (W)                          | Whole Grain French Toast Sticks (D, E, S, W) | Oatmeal w/ Brown Sugar and Cinnamon (D)             | Rice Chex Cereal                                          | Whole Wheat Pancakes (D, E, S, W)           |
| Milk*, fluid                                                               | Milk (D)                                 | Milk (D)                                     | Milk (D)                                            | Milk (D)                                                  | Milk (D)                                    |
| Condiments                                                                 |                                          | Syrup                                        | Butter (D)                                          |                                                           | Syrup, Butter (D)                           |
| LUNCH                                                                      |                                          |                                              |                                                     |                                                           |                                             |
| Fruit                                                                      | Applesauce                               | Diced Peaches                                | Mandarin Oranges (C)                                | Crushed Pineapple(PT) (C)<br>Pineapple Tidbits (T/PS) (C) | Diced Pears                                 |
| Vegetable                                                                  | Green Beans                              | Corn                                         | Potato Medley                                       | Spinach                                                   | Diced Carrots                               |
| Meat or Meat Alt                                                           | Sliced Ham & Cheese (D)                  | Black Beans                                  | Egg Patty (D, E, S)                                 | Teriyaki Diced Chicken (S, W, C)                          | Ground Turkey Meat Sauce (C)                |
| Grain                                                                      | Whole Wheat Flour Tortilla (W)           | Jasmine Rice                                 | Whole Wheat Biscuit (D, S, W)                       | Fried Jasmine Rice (S, W)                                 | Whole Grain Spaghetti Noodles (W)           |
| Milk*, fluid                                                               | Milk (D)                                 | Milk (D)                                     | Milk (D)                                            | Milk (D)                                                  | Milk (D)                                    |
| Condiments                                                                 | Mustard, Mayo (E)                        | Salsa (C), Shredded Cheese (D)               | Ketchup (C), Jelly, Shredded Cheese (D), Butter (D) |                                                           |                                             |
| SNACK                                                                      |                                          |                                              |                                                     |                                                           |                                             |
| Fruit                                                                      |                                          |                                              | Diced Peaches (PT)<br>Apple Slices (T/PS)           |                                                           |                                             |
| Vegetable                                                                  |                                          | Cucumber Slices                              |                                                     |                                                           |                                             |
| Meat or Meat Alt                                                           |                                          |                                              | Dannon Light & Fit Vanilla Yogurt (D)               |                                                           | String Cheese (D)                           |
| Grain                                                                      | Whole Grain Sweet Potato Crackers (S, W) | Whole Grain Cracker Bites (D, S, W)          |                                                     | Whole Grain Cheese Snack Crackers (D, S, W)               | Whole Wheat Berry Animal Crackers (D, S, W) |
| Milk*, fluid                                                               | Milk (D)                                 |                                              |                                                     | Milk (D)                                                  |                                             |
| Condiments                                                                 |                                          | Ranch Dressing (D, E, S)                     |                                                     |                                                           |                                             |

| Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus |                                     |                                                           |                                                          | Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool |                                          |
|----------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------|----------------------------------------------------------|------------------------------------------------------|------------------------------------------|
| BRAVO WEEK                                                                 | MONDAY                              | TUESDAY                                                   | WEDNESDAY                                                | THURSDAY                                             | FRIDAY                                   |
| This institution is an equal opportunity provider.                         | July 28, 2025                       | July 29, 2025                                             | July 30, 2025                                            | July 31, 2025                                        | August 1, 2025                           |
| BREAKFAST                                                                  |                                     |                                                           |                                                          |                                                      |                                          |
| Fruit                                                                      | Fruit Cocktail (C)                  | Crushed Pineapple(PT) (C)<br>Pineapple Tidbits (T/PS) (C) | Bananas                                                  | Diced Peaches                                        | Diced Mangoes                            |
| Meat or Meat Alt (Optional)                                                |                                     |                                                           | Egg Patty (D, E, S)                                      |                                                      |                                          |
| Grain                                                                      | Rice Krispy Cereal                  | Whole Wheat Pancakes (D, E, S, W)                         |                                                          | Cheesy Grits (D, S, W)                               | Cheerios Cereal                          |
| Milk*, fluid                                                               | Milk (D)                            | Milk (D)                                                  | Milk (D)                                                 | Milk (D)                                             | Milk (D)                                 |
| Condiments                                                                 |                                     | Syrup, Butter (D)                                         | Ketchup (C), Shredded Cheese (D)                         | Butter (D)                                           |                                          |
| LUNCH                                                                      |                                     |                                                           |                                                          |                                                      |                                          |
| Fruit                                                                      | Diced Pears                         | Mandarin Oranges (PT) (C)<br>Sliced Oranges (T/PS) (C)    | Applesauce                                               | Fruit Cocktail (PT) (C)<br>Tropical Fruit (T/PS) (C) | Applesauce (PT)<br>Apple Slices (T/PS)   |
| Vegetable                                                                  | Diced Carrots                       | Green Peas                                                | Shredded Lettuce & Diced Tomatoes (C)                    | Sweet Potatoes                                       | Corn                                     |
| Meat or Meat Alt                                                           | Sunbutter & Jelly String Cheese (D) | Diced Ham                                                 | Taco Seasoned Ground Turkey (C)                          | Diced Chicken in BBQ Sauce (C)                       | Ground Turkey Chili (C)                  |
| Grain                                                                      | Whole Wheat Bread (S, W)            | Whole Grain Macaroni w/ Cheese (D, S, W)                  | Whole Wheat Flour Tortilla (W)                           | Whole Wheat Biscuit (D, S, W)                        | Cornbread (D, E, S, W)                   |
| Milk*, fluid                                                               | Milk (D)                            | Milk (D)                                                  | Milk (D)                                                 | Milk (D)                                             | Milk (D)                                 |
| Condiments                                                                 |                                     |                                                           | Ranch Dressing (D, E, S), Salsa (C), Shredded Cheese (D) | Jelly, Butter (D)                                    |                                          |
| SNACK                                                                      |                                     |                                                           |                                                          |                                                      |                                          |
| Fruit                                                                      |                                     | Diced Peaches                                             |                                                          |                                                      | Diced Pears                              |
| Vegetable                                                                  |                                     |                                                           |                                                          | Cucumber Slices                                      |                                          |
| Meat or Meat Alt                                                           |                                     | Dannon Light & Fit Vanilla Yogurt (D)                     |                                                          |                                                      |                                          |
| Grain                                                                      | Whole Wheat Soft Mini Pretzel (W)   |                                                           | Trail Mix (Cheerios, Kix, Rice Chex & Raisins)           | Whole Wheat Pita Bread Wedges (W)                    | Whole Grain Sweet Potato Crackers (S, W) |
| Milk*, fluid                                                               | Milk (D)                            |                                                           | Milk (D)                                                 |                                                      |                                          |
| Condiments                                                                 | Honey Mustard (E, S)                |                                                           |                                                          | Hummus (C)                                           |                                          |