

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus						
Portion Measurements Legend: 1/8 cup=1 oz 1/4 cup=2 oz 1/2 cup=4 oz 3/4 cup=6 oz 1 cup=8 oz						
ALPHA WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	SAC	June 1, 2026	June 2, 2026	June 3, 2026	June 4, 2026	June 5, 2026
BREAKFAST						
Fruit	1/2 c	Fruit Cocktail (C)	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries
Meat or Meat Alt (Optional)	1oz					
Grain	1 oz eq	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Syrup			Syrup
LUNCH						
Fruit	1/4 c					
Vegetable	1/2 c					
Meat or Meat Alt	2 oz					
Grain	1 oz eq					
Milk*, fluid	8 oz					
Condiments						
SNACK						
Fruit	3/4 c			Apples	Diced Peaches	
Vegetable	3/4 c		Cucumber Slices			
Meat or Meat Alt	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	1 oz eq	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D, W)
Milk*, fluid	8 oz	Milk (D)				Milk (D)
Condiments			Ranch Dressing (D, E, S)		Salsa (C)	

Menu subject to change. Revised 5/2026

*Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack

Condiments available upon request

#7422

Lejeune-New River Child Youth Programs SAC (TTYP/SSYP) Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus						
Portion Measurements Legend: 1/8 cup=1 oz 1/4 cup=2 oz 1/2 cup=4 oz 3/4 cup=6 oz 1 cup=8 oz						
BRAVO WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	SAC	June 8, 2026	June 9, 2026	June 10, 2026	June 11, 2026	June 12, 2026
BREAKFAST						
Fruit	1/2 c	Fruit Cocktail (C)	Pineapple Tidbits (C)	Bananas	Diced Peaches	Strawberries (C)
Meat or Meat Alt (Optional)	1oz			Egg Patty (D, E, S)		
Grain	1 oz eq	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Syrup	Ketchup (C), Shredded Cheese (D)	Shredded Cheese (D)	
LUNCH						
Fruit	1/4 c	Diced Pears	Oranges (C)	Applesauce	Tropical Fruit (C)	Pineapple Tidbits (C)
Vegetable	1/2 c	Carrot Sticks	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Garden Salad
Meat or Meat Alt	2 oz	Sunbutter & Jelly String Cheese (D)	Diced Ham	Ground Turkey Taco Meat (C)	Diced Chicken w/ BBQ Sauce (C)	Turkey Pepperoni & Cheese (D)
Grain	1 oz eq	Whole Wheat Bread (S, W)	Whole Grain Macaroni & Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)/Whole Corn Tortilla Chips (S)	Whole Wheat Bun (S, W)	Whole Grain Pizza Crust (W, D, S, C)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Ranch Dressing (D, E, S)		Salsa (C), Shredded Cheese (D)		Ranch Dressing (D, E, S)
SNACK						
Fruit	3/4 c					Diced Pears
Vegetable	3/4 c				Cucumber Slices	
Meat or Meat Alt	1 oz			String Cheese (D)		
Grain	1 oz eq	Whole Wheat Soft Mini Pretzel (W)	Cheez-It Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Veggie Crackers (D, S, W)	Whole Corn Tortilla Chips (S)
Milk*, fluid	8 oz	Milk (D)	Milk (D)			
Condiments		Honey Mustard (E, S)			Ranch Dressing (D, E, S)	Salsa (C)

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Fat-Free Chocolate Milk offered for Monday PM Snack

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CHARLIE WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	SAC	June 15, 2026	June 16, 2026	June 17, 2026	June 18, 2026	June 19, 2026
BREAKFAST						
Fruit	1/2 c	Diced Peaches	Pineapple Tidbits (C)	Bananas	Oranges (C)	
Meat or Meat Alt (Optional)	1oz		Egg Patty (D, E, S)			
Grain	1 oz eq	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	
Condiments			Ketchup (C), Shredded Cheese (D)			
LUNCH						
Fruit	1/4 c	Mandarin Oranges (C)	Tropical Fruit (C)	Diced Pears	Applesauce	
Vegetable	1/2 c	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	
Meat or Meat Alt	2 oz	Sliced Turkey & White Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	CLOSED
Grain	1 oz eq	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	
Condiments		Pickles, Mayo (E)				
SNACK						
Fruit	3/4 c			Apples	Diced Peaches	
Vegetable	3/4 c		Cucumber Slices			
Meat or Meat Alt	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	1 oz eq	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	
Milk*, fluid	8 oz	Milk (D)				
Condiments			Ranch Dressing (D, E, S)		Salsa (C)	

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ALPHA WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	SAC	June 22, 2026	June 23, 2026	June 24, 2026	June 25, 2026	June 26, 2026
BREAKFAST						
Fruit	1/2 c	Fruit Cocktail (C)	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries
Meat or Meat Alt (Optional)	1oz					
Grain	1 oz eq	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Syrup			Syrup
LUNCH						
Fruit	1/4 c	Applesauce	Diced Peaches	Mandarin Oranges (C)	Pineapple Tidbits (C)	Diced Pears
Vegetable	1/2 c	Green Beans	Corn	Waffle Fries (S)	Spinach	Diced Carrots
Meat or Meat Alt	2 oz	Sliced Ham & Cheese (D)	Meatballs w/ BBQ Sauce (D, S, W, C)	Chicken Patty (S, W) & Sliced Cheese (D)	Teriyaki Diced Chicken (S,W, C)	Ground Turkey Spaghetti Sauce (C)
Grain	1 oz eq	Whole Wheat Tortilla (W)	Jasmine Rice	Whole Wheat Bun (W, S)	Fried Jasmine Rice (S,W)	Whole Grain Spaghetti Noodles (W)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Pickles, Mayo (E)		Ketchup (C), Mayo (E), Pickles		
SNACK						
Fruit	3/4 c			Apples	Diced Peaches	
Vegetable	3/4 c		Cucumber Slices			
Meat or Meat Alt	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	1 oz eq	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D, W)
Milk*, fluid	8 oz	Milk (D)				Milk (D)
Condiments			Ranch Dressing (D, E, S)		Salsa (C)	

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Portion Measurements Legend: 1/8 cup=1 oz 1/4 cup=2 oz 1/2 cup=4 oz 3/4 cup=6 oz 1 cup=8 oz						
BRAVO WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	SAC	June 29, 2026	June 30, 2026	July 1, 2026	July 2, 2026	July 3, 2026
BREAKFAST						
Fruit	1/2 c	Fruit Cocktail (C)	Pineapple Tidbits (C)	Bananas	Diced Peaches	
Meat or Meat Alt (Optional)	1oz			Egg Patty (D, E, S)		
Grain	1 oz eq	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	
Condiments			Syrup	Ketchup (C), Shredded Cheese (D)	Shredded Cheese (D)	
LUNCH						
Fruit	1/4 c	Diced Pears	Oranges (C)	Applesauce	Tropical Fruit (C)	
Vegetable	1/2 c	Carrot Sticks	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	
Meat or Meat Alt	2 oz	Sunbutter & Jelly String Cheese (D)	Diced Ham	Ground Turkey Taco Meat (C)	Diced Chicken w/ BBQ Sauce (C)	CLOSED
Grain	1 oz eq	Whole Wheat Bread (S, W)	Whole Grain Macaroni & Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)/Whole Corn Tortilla Chips (S)	Whole Wheat Bun (S, W)	
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	
Condiments		Ranch Dressing (D, E, S)		Salsa (C), Shredded Cheese (D)		
SNACK						
Fruit	3/4 c		Diced Peaches			
Vegetable	3/4 c				Cucumber Slices	
Meat or Meat Alt	1 oz			String Cheese (D)		
Grain	1 oz eq	Whole Wheat Soft Mini Pretzel (W)	Cheez-It Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Veggie Crackers (D, S, W)	
Milk*, fluid	8 oz	Milk (D)				
Condiments		Honey Mustard (E, S)			Ranch Dressing (D, E, S)	

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