## Lejeune-New River Child Youth Programs SAC (TTYP/SSYP) Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus							
Alpha Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
This institution is an equal opportunity provider.	February 3, 2025	February 4, 2025	February 5, 2025	February 6, 2025	February 7, 2025		
BREAKFAST							
Fruit	Fruit Cocktail	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries		
Meat or Meat Alt (Optional)							
Grain	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)		
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)		
Condiments		Syrup	Butter (D)		Syrup, Butter (D)		
LUNCH							
Fruit							
Vegetable							
Meat or Meat Alt							
Grain							
Milk*, fluid							
Condiments							
SNACK							
Fruit			Apples	Diced Peaches			
Vegetable		Cucumber Slices					
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)				
Grain	Whole Grain Sweet Potato	Whole Grain Cracker Bites (D,		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D,		
Milk*, fluid	Crackers (S, W) Milk (D)	S, W)			W) Milk (D)		
Condiments		Ranch Dressing (D, E, S)		Salsa (C)			

<sup>\*</sup>Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack

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Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus							
BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
This institution is an equal opportunity provider.	February 10, 2025	February 11, 2025	February 12, 2025	February 13, 2025	February 14, 2025		
BREAKFAST							
Fruit	Fruit Cocktail	Pineapple Tidbits (C)	Bananas	Diced Peaches	Diced Mangoes		
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)				
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)		
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)		
Condiments		Syrup, Butter (D)	Ketchup (C), Shredded Cheese (D), Salsa (C)	Butter (D)			
LUNCH							
Fruit			Applesauce				
Vegetable			Shredded Lettuce & Diced Tomatoes (C)				
Meat or Meat Alt			Taco Seasoned Ground Turkey (C)				
Grain			Whole Wheat Flour Tortilla				
Milk*, fluid			Milk (D)				
Condiments			Ranch Dressing (D, E, S), Salsa (C), Shredded Cheese (D)				
SNACK							
Fruit			Fruit Cocktail				
Vegetable				Cucumber Slices			
Meat or Meat Alt					String Cheese (D)		
Grain	Whole Wheat Soft Mini Pretzel <mark>(W)</mark>	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Corn Tortilla Chips (S)	Whole Wheat Pita Bread Wedges (W)	Cheez-It Crackers (D, S, W)		
Milk*, fluid	Milk (D)	Milk (D)					
Condiments	Honey Mustard (E, S)		Salsa (C)	Sunbutter, Ranch Dressing (D, E, S)			

<sup>\*</sup>Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack

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Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus							
CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
This institution is an equal opportunity provider.	February 17, 2025	February 18, 2025	February 19, 2025	February 20, 2025	February 21, 2025		
BREAKFAST							
Fruit		Diced Peaches	Pineapple Tidbits (C)	Oranges (C)	Blueberries		
Meat or Meat Alt							
(Optional)							
Grain		Cornflakes Cereal (W)	Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Waffles (D, E, S, W)		
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)		
Condiments				Butter (D)	Syrup, Butter (D)		
LUNCH							
Fruit							
Vegetable							
Meat or Meat Alt	CLOSED						
Grain	<b>President's Day</b>						
Milk*, fluid							
Condiments							
		SN	NACK				
Fruit			Apples	Diced Peaches			
Vegetable					Carrot Sticks		
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)		
Grain		Whole Wheat Berry Animal Crackers (D, S, W)		Whole Corn Tortilla Chips (S)			
Milk*, fluid		Milk (D)					
Condiments				Salsa (C)	Ranch Dressing (D, E, S)		

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Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus							
Alpha Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
This institution is an equal opportunity provider.	February 24, 2025	February 25, 2025	February 26, 2025	February 27, 2025	February 28, 2025		
BREAKFAST							
Fruit	Fruit Cocktail	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries		
Meat or Meat Alt							
(Optional)							
Grain	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)		
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)		
Condiments		Syrup	Butter (D)		Syrup, Butter (D)		
LUNCH							
Fruit			Mandarin Oranges (C)				
Vegetable			Potato Medley				
Meat or Meat Alt			Egg Patty (D, E, S)				
Grain			Whole Wheat Flour Tortilla				
			(W)				
Milk*, fluid			Milk (D)				
Condiments			Ketchup (C) Shredded Cheese				
			(D), Salsa (C)				
SNACK							
Fruit		1	Apples	Diced Peaches			
Vegetable		Cucumber Slices					
Meat or Meat Alt			Dannon Light & Fit Vanilla		String Cheese (D)		
Grain	Whole Grain Sweet Potato	Whole Grain Cracker Bites (D,	Yogurt (D)	Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D,		
Milk*, fluid	Crackers (S, W) Milk (D)	S, W)			W)		
Condiments	IVIIIK (D)	Ranch Dressing (D, E, S)		Salsa (C)			
Condiments		ranch bressing (b, E, 3)		Saisa (C)			

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