

#7422

Lejeune-New River Child Youth Programs SAC (TTYP/SSYP) Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus					
CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	September 2, 2024	September 3, 2024	September 4, 2024	September 5, 2024	September 6, 2024
BREAKFAST					
Fruit		Diced Peaches	Pineapple Tidbits (C)	Oranges (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain		Cornflakes Cereal (W)	Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Waffles (D, E, S, W)
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments				Butter (D)	Syrup, Butter (D)
LUNCH					
Fruit	CLOSED LABOR DAY				
Vegetable					
Meat or Meat Alt					
Grain					
Milk*, fluid					
Condiments					
SNACK					
Fruit			Apples	Diced Peaches	
Vegetable					Carrot Sticks
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain		Whole Wheat Berry Animal Crackers (D, S, W)		Whole Corn Tortilla Chips (S)	
Milk*, fluid		Milk (D)			
Condiments				Salsa (C)	Ranch Dressing (D, E, S)

Menu subject to change. Revised 8/2024

*Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk;
Fat-Free Chocolate Milk offered for Monday PM Snack

Condiments available upon request

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Alpha Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	September 9, 2024	September 10, 2024	September 11, 2024	September 12, 2024	September 13, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup	Butter (D)		Syrup, Butter (D)
LUNCH					
Fruit					
Vegetable					
Meat or Meat Alt					
Grain					
Milk*, fluid					
Condiments					
SNACK					
Fruit			Apples	Diced Peaches	
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D, W)
Milk*, fluid	Milk (D)				Milk (D)
Condiments		Ranch Dressing (D, E, S)		Salsa (C)	

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	September 16, 2024	September 17, 2024	September 18, 2024	September 19, 2024	September 20, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Pineapple Tidbits (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)		
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup, Butter (D)	Ketchup (C), Shredded Cheese (D), Salsa (C)	Butter (D)	
LUNCH					
Fruit					
Vegetable					
Meat or Meat Alt					
Grain					
Milk*, fluid					
Condiments					
SNACK					
Fruit			Fruit Cocktail		
Vegetable				Cucumber Slices	
Meat or Meat Alt					String Cheese (D)
Grain	Whole Wheat Soft Mini Pretzel (W)	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Corn Tortilla Chips (S)	Whole Wheat Pita Bread Wedges (W)	Cheez-It Crackers (D, S, W)
Milk*, fluid	Milk (D)	Milk (D)			
Condiments	Honey Mustard (E, S)		Salsa (C)	Sunbutter, Ranch Dressing (D, E, S)	

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	September 23, 2024	September 24, 2024	September 25, 2024	September 26, 2024	September 27, 2024
BREAKFAST					
Fruit	Diced Peaches	Pineapple Tidbits (C)	Bananas	Oranges (C)	Blueberries
Meat or Meat Alt (Optional)		Egg Patty (D, E, S)			
Grain	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Waffles (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Ketchup (C), Shredded Cheese (D), Salsa (C)		Butter (D)	Syrup, Butter (D)
LUNCH					
Fruit			Diced Pears		
Vegetable			Diced Carrots		
Meat or Meat Alt			Cowboy Beans (Ground Turkey, Baked Beans) (C)		
Grain			Cornbread (D, E, S, W)		
Milk*, fluid			Milk (D)		
Condiments					
SNACK					
Fruit			Apples	Diced Peaches	
Vegetable		Cucumber Slices			Carrot Sticks
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	
Milk*, fluid	Milk (D)				
Condiments		Ranch Dressing (D, E, S)		Salsa (C)	Ranch Dressing (D, E, S)

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Alpha Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	September 30, 2024	October 1, 2024	October 2, 2024	October 3, 2024	October 4, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup	Butter (D)		Syrup, Butter (D)
LUNCH					
Fruit					Diced Pears
Vegetable					Diced Carrots
Meat or Meat Alt					Ground Turkey Meat Sauce (C)
Grain					Whole Grain Spaghetti Noodles (W)
Milk*, fluid					Milk (D)
Condiments					
SNACK					
Fruit			Apples	Diced Peaches	
Vegetable		Cucumber Slices			
Meat or Meat Alt	String Cheese (D)		Dannon Light & Fit Vanilla Yogurt (D)		
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D, W)
Milk*, fluid					Milk (D)
Condiments		Ranch Dressing (D, E, S)		Salsa (C)	

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