

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus						Age Legend: PT= Pre-Toddler, TD=Toddler, PS=Preschool					
ALPHA WEEK		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
This institution is an equal opportunity provider.		March 30, 2026		March 31, 2026		April 1, 2026		April 2, 2026		April 3, 2026	
BREAKFAST											
Fruit	Fruit Cocktail (C)		Diced Pears (PT) Orange Slices (TD/PS) (C)		Bananas		Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)		Blueberries		
Meat or Meat Alt (Optional)											
Grain	Life Cereal (W)		Whole Grain French Toast Sticks (D, E, S, W)		Oatmeal w/ Brown Sugar and Cinnamon (D)		Rice Chex Cereal		Whole Wheat Pancakes (D, E, S, W)		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments			Syrup						Syrup		
LUNCH											
Fruit	Applesauce		Diced Peaches		Mandarin Oranges (C)		Crushed Pineapple(PT) (C) Pineapple Tidbits(TD/PS)(C)		Diced Pears		
Vegetable	Green Beans		Corn		Potato Medley		Spinach		Diced Carrots		
Meat or Meat Alt	Sliced Ham & Cheese (D)		Black Beans		Egg Patty (D, E, S)		Teriyaki Diced Chicken (S, W, C)		Ground Turkey Spaghetti Sauce (C)		
Grain	Whole Wheat Flour Tortilla (W)		Jasmine Rice		Whole Wheat Biscuit (D, S, W)		Fried Jasmine Rice (S, W)		Whole Grain Spaghetti Noodles (W)		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments	Mayo (E)		Salsa (C), Shredded Cheese (D)		Ketchup (C), Jelly						
SNACK											
Fruit					Diced Peaches (PT) Apple Slices (TD/PS)						
Vegetable			Cucumber Slices								
Meat or Meat Alt					Dannon Light & Fit Vanilla Yogurt (D)				String Cheese (D)		
Grain	Whole Grain Sweet Potato Crackers (S, W)		Whole Grain Cracker Bites (D, S, W)				Whole Grain Cheese Snack Crackers (D, S, W)		Whole Wheat Berry Animal Crackers (D, S, W)		
Milk*, fluid	Milk (D)						Milk (D)				
Condiments			Ranch Dressing (D, E, S)								

Menus subject to change.

Revised 11/2025

*Milk: 1 yr old : unflavored whole milk, 2-12 yr old : unflavored low-fat milk, Lactose-Free Milk; Kikkoman Organic Soy

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BRAVO WEEK		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
This institution is an equal opportunity provider.		April 6, 2026		April 7, 2026		April 8, 2026		April 9, 2026		April 10, 2026	
BREAKFAST											
Fruit	Fruit Cocktail (C)		Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)		Bananas		Diced Peaches		Diced Mangoes		
Meat or Meat Alt (Optional)					Egg Patty (D, E, S)						
Grain	Rice Krispy Cereal		Whole Wheat Pancakes (D, E, S, W)				Cheesy Grits (D, S, W)		Cheerios Cereal		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments			Syrup		Ketchup (C)						
LUNCH											
Fruit	Diced Pears		Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)		Applesauce		Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)		Applesauce (PT) Apple Slices (TD/PS)		
Vegetable	Diced Carrots		Green Peas		Shredded Lettuce & Diced Tomatoes (C)		Sweet Potatoes		Corn		
Meat or Meat Alt	Sunbutter & Jelly String Cheese (D)		Diced Ham		Ground Turkey Taco Meat (C)		Diced Chicken w/ BBQ Sauce (C)		Ground Turkey Chili (C)		
Grain	Whole Wheat Bread (S, W)		Whole Grain Macaroni & Cheese (D, S, W)		Whole Wheat Flour Tortilla (W)		Whole Wheat Biscuit (D, S, W)		Cornbread (D, E, S, W)		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments					Salsa (C), Shredded Cheese (D)		Jelly				
SNACK											
Fruit			Diced Peaches						Diced Pears		
Vegetable							Cucumber Slices				
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)								
Grain	Whole Wheat Soft Mini Pretzel (W)				Trail Mix (Cheerios, Kix, Rice Chex & Raisins)		Whole Grain Veggie Crackers (D, S, W)		Whole Grain Sweet Potato Crackers (S, W)		
Milk*, fluid	Milk (D)				Milk (D)						
Condiments							Ranch Dressing (D, E, S)				

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#7422

Lejeune-New River Child Youth Programs CDC/NR SAC Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus						Age Legend: PT= Pre-Toddler, TD=Toddler, PS=Preschool					
CHARLIE WEEK		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
This institution is an equal opportunity provider.		April 13, 2026		April 14, 2026		April 15, 2026		April 16, 2026		April 17, 2026	
BREAKFAST											
Fruit	Diced Peaches		Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)		Bananas		Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)		Blueberries		
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)								
Grain	Cornflakes Cereal (W)				Kix Cereal		Cream of Wheat w/ Brown Sugar (D, W)		Whole Wheat Pancakes (D, E, S, W)		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments			Ketchup (C)						Syrup		
LUNCH											
Fruit	Mandarin Oranges (C)		Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)		Diced Pears		Applesauce		Fruit Cocktail (C)		
Vegetable	Potato Salad (E, S)		Green Peas		Diced Carrots		Chopped Broccoli		Sweet Potatoes		
Meat or Meat Alt	Sliced Turkey & Cheese (D)		Diced Chicken w/ Alfredo Sauce (D, S)		Cowboy Beans (Ground Turkey, Baked Beans) (C)		Diced Turkey w/ Gravy (D, S, W)		Ground Turkey Sloppy Joe (C)		
Grain	Whole Wheat Pita Bread (W)		Linguini Noodles (W)		Cornbread (D, E, S, W)		Jasmine Rice		Whole Wheat Biscuit (D, S, W)		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments	Mayo (E)								Jelly		
SNACK											
Fruit					Diced Peaches (PT) Apple Slices (TD/PS)						
Vegetable			Cucumber Slices								
Meat or Meat Alt					Dannon Light & Fit Vanilla Yogurt (D)				String Cheese (D)		
Grain	Whole Wheat Berry Animal Crackers (D, S, W)		Whole Grain Cracker Bites (D, S, W)				Whole Wheat Pita Bread Wedges (W)		Whole Grain Cheese Snack Crackers (D, S, W)		
Milk*, fluid	Milk (D)						Milk (D)				
Condiments			Ranch Dressing (D, E, S)				Jelly				

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY						
This institution is an equal opportunity provider.	April 20, 2026	April 21, 2026	April 22, 2026	April 23, 2026	April 24, 2026						
BREAKFAST											
Fruit	Fruit Cocktail (C)	Diced Pears (PT) Orange Slices (TD/PS) (C)	Bananas	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Blueberries						
Meat or Meat Alt (Optional)											
Grain	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)						
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)						
Condiments		Syrup			Syrup						
LUNCH											
Fruit	Applesauce	Diced Peaches	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits(TD/PS)(C)	Diced Pears						
Vegetable	Green Beans	Corn	Potato Medley	Spinach	Diced Carrots						
Meat or Meat Alt	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Spaghetti Sauce (C)						
Grain	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)						
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)						
Condiments	Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly								
SNACK											
Fruit			Diced Peaches (PT) Apple Slices (TD/PS)								
Vegetable		Cucumber Slices									
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)						
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)						
Milk*, fluid	Milk (D)			Milk (D)							
Condiments		Ranch Dressing (D, E, S)									

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BRAVO WEEK		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
This institution is an equal opportunity provider.		April 27, 2026		April 28, 2026		April 29, 2026		April 30, 2026		May 1, 2026	
BREAKFAST											
Fruit	Fruit Cocktail (C)		Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)		Bananas		Diced Peaches		Diced Mangoes		
Meat or Meat Alt (Optional)					Egg Patty (D, E, S)						
Grain	Rice Krispy Cereal		Whole Wheat Pancakes (D, E, S, W)				Cheesy Grits (D, S, W)		Cheerios Cereal		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments			Syrup		Ketchup (C)						
LUNCH											
Fruit	Diced Pears		Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)		Applesauce		Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)		Applesauce (PT) Apple Slices (TD/PS)		
Vegetable	Diced Carrots		Green Peas		Shredded Lettuce & Diced Tomatoes (C)		Sweet Potatoes		Corn		
Meat or Meat Alt	Sunbutter & Jelly String Cheese (D)		Diced Ham		Ground Turkey Taco Meat (C)		Diced Chicken w/ BBQ Sauce (C)		Ground Turkey Chili (C)		
Grain	Whole Wheat Bread (S, W)		Whole Grain Macaroni & Cheese (D, S, W)		Whole Wheat Flour Tortilla (W)		Whole Wheat Biscuit (D, S, W)		Cornbread (D, E, S, W)		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments					Salsa (C), Shredded Cheese (D)		Jelly				
SNACK											
Fruit			Diced Peaches						Diced Pears		
Vegetable							Cucumber Slices				
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)								
Grain	Whole Wheat Soft Mini Pretzel (W)				Trail Mix (Cheerios, Kix, Rice Chex & Raisins)		Whole Grain Veggie Crackers (D, S, W)		Whole Grain Sweet Potato Crackers (S, W)		
Milk*, fluid	Milk (D)				Milk (D)						
Condiments							Ranch Dressing (D, E, S)				

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