

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus				Age Legend: PT= Pre-Toddler, TD=Toddler, PS=Preschool				
Portion Measurements Legend: 1/8 cup=1 oz 1/4 cup=2 oz 1/2 cup=4 oz 3/4 cup=6 oz 1 cup=8 oz								
ALPHA WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	June 1, 2026	June 2, 2026	June 3, 2026	June 4, 2026	June 5, 2026
BREAKFAST								
Fruit	1/4 c	1/2 c	1/2 c	Fruit Cocktail (C)	Diced Pears (PT) Orange Slices (TD/PS) (C)	Crushed Pineapple (PT) (C) Bananas (TD/PS)	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Blueberries
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz					
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Syrup			Syrup
LUNCH								
Fruit	1/8 c	1/4 c	1/4 c	Applesauce	Diced Peaches	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Diced Pears
Vegetable	1/8 c	1/4 c	1/2 c	Green Beans	Corn	Potato Medley	Spinach	Diced Carrots
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Spaghetti Sauce (C)
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments				Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly		
SNACK								
Fruit	1/2 c	1/2 c	3/4 c			Diced Peaches (PT) Apple Slices (TD/PS)		
Vegetable	1/2 c	1/2 c	3/4 c		Cucumber Slices			
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
Milk*, fluid	4 oz	4 oz	8 oz	Milk (D)			Milk (D)	
Condiments					Ranch Dressing (D, E, S)			

Menus subject to change.

Revised 5/2026

*Milk: 1 yr old : unflavored whole milk, 2-12 yr old : unflavored low-fat milk, Lactose-Free Milk; Kikkoman Organic Soy

#7422

Lejeune-New River Child Youth Programs CDC/NR SAC Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus				Age Legend: PT= Pre-Toddler, TD=Toddler, PS=Preschool				
Portion Measurements Legend: 1/8 cup=1 oz 1/4 cup=2 oz 1/2 cup=4 oz 3/4 cup=6 oz 1 cup=8 oz								
BRAVO WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	June 8, 2026	June 9, 2026	June 10, 2026	June 11, 2026	June 12, 2026
BREAKFAST								
Fruit	1/4 c	1/2 c	1/2 c	Fruit Cocktail (C)	Crushed Pineapple (PT) (C) Pineapple Tidbits (TD/PS) (C)	Diced Pears (PT) Bananas (TD/PS)	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz			Egg Patty (D, E, S)		
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Cheerios Cereal
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Syrup	Ketchup (C)		
LUNCH								
Fruit	1/8 c	1/4 c	1/4 c	Diced Pears	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Applesauce	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Applesauce (PT) Apple Slices (TD/PS)
Vegetable	1/8 c	1/4 c	1/2 c	Diced Carrots	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Corn
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz	Sunbutter & Jelly String Cheese (D)	Diced Ham	Ground Turkey Taco Meat (C)	Diced Chicken w/ BBQ Sauce (C)	Ground Turkey Chili (C)
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Wheat Bread (S, W)	Whole Grain Macaroni & Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	Cornbread (D, E, S, W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments						Salsa (C), Shredded Cheese (D)	Jelly	
SNACK								
Fruit	1/2 c	1/2 c	3/4 c		Diced Peaches			Diced Pears
Vegetable	1/2 c	1/2 c	3/4 c				Cucumber Slices	
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz		Dannon Light & Fit Vanilla Yogurt (D)			
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Grain Cracker Bites (D, S, W)		Trail Mix (Cheerios, Kix, Rice Chex & Raisins)	Whole Grain Veggie Crackers (D, S, W)	Whole Grain Sweet Potato Crackers (S, W)
Milk*, fluid	4 oz	4 oz	8 oz	Milk (D)		Milk (D)		
Condiments							Ranch Dressing (D, E, S)	

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Portion Measurements Legend: 1/8 cup=1 oz				1/4 cup=2 oz	1/2 cup=4 oz	3/4 cup=6 oz	1 cup=8 oz	
CHARLIE WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	June 15, 2026	June 16, 2026	June 17, 2026	June 18, 2026	June 19, 2026
BREAKFAST								
Fruit	1/4 c	1/2 c	1/2 c	Diced Peaches	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Applesauce (PT) Bananas (TD/PS)	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz		Egg Patty (D, E, S)			
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	
Condiments					Ketchup (C)			
LUNCH								
Fruit	1/8 c	1/4 c	1/4 c	Mandarin Oranges (C)	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Diced Pears	Applesauce	
Vegetable	1/8 c	1/4 c	1/2 c	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz	Sliced Turkey & Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	CLOSED
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	
Condiments				Mayo (E)				
SNACK								
Fruit	1/2 c	1/2 c	3/4 c			Diced Peaches (PT) Apple Slices (TD/PS)		
Vegetable	1/2 c	1/2 c	3/4 c		Cucumber Slices			
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Wheat Pita Bread Wedges (W)	
Milk*, fluid	4 oz	4 oz	8 oz	Milk (D)			Milk (D)	
Condiments					Ranch Dressing (D, E, S)		Jelly	

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Portion Measurements Legend: 1/8 cup=1 oz 1/4 cup=2 oz 1/2 cup=4 oz 3/4 cup=6 oz 1 cup=8 oz								
ALPHA WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	June 22, 2026	June 23, 2026	June 24, 2026	June 25, 2026	June 26, 2026
BREAKFAST								
Fruit	1/4 c	1/2 c	1/2 c	Fruit Cocktail (C)	Diced Pears (PT) Orange Slices (TD/PS) (C)	Crushed Pineapple (PT) (C) Bananas (TD/PS)	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Blueberries
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz					
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Syrup			Syrup
LUNCH								
Fruit	1/8 c	1/4 c	1/4 c	Applesauce	Diced Peaches	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Diced Pears
Vegetable	1/8 c	1/4 c	1/2 c	Green Beans	Corn	Potato Medley	Spinach	Diced Carrots
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Spaghetti Sauce (C)
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments				Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly		
SNACK								
Fruit	1/2 c	1/2 c	3/4 c			Diced Peaches (PT) Apple Slices (TD/PS)		
Vegetable	1/2 c	1/2 c	3/4 c		Cucumber Slices			
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
Milk*, fluid	4 oz	4 oz	8 oz	Milk (D)			Milk (D)	
Condiments					Ranch Dressing (D, E, S)			

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Portion Measurements Legend: 1/8 cup=1 oz				1/4 cup=2 oz	1/2 cup=4 oz	3/4 cup=6 oz	1 cup=8 oz	
BRAVO WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	June 29, 2026	June 30, 2026	July 1, 2026	July 2, 2026	July 3, 2026
BREAKFAST								
Fruit	1/4 c	1/2 c	1/2 c	Fruit Cocktail (C)	Crushed Pineapple (PT) (C) Pineapple Tidbits (TD/PS) (C)	Diced Pears (PT) Bananas (TD/PS)	Diced Peaches	
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz			Egg Patty (D, E, S)		
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	
Condiments					Syrup	Ketchup (C)		
LUNCH								
Fruit	1/8 c	1/4 c	1/4 c	Diced Pears	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Applesauce	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	
Vegetable	1/8 c	1/4 c	1/2 c	Diced Carrots	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz	Sunbutter & Jelly String Cheese (D)	Diced Ham	Ground Turkey Taco Meat (C)	Diced Chicken w/ BBQ Sauce (C)	CLOSED
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Wheat Bread (S, W)	Whole Grain Macaroni & Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	
Condiments						Salsa (C), Shredded Cheese (D)	Jelly	
SNACK								
Fruit	1/2 c	1/2 c	3/4 c		Diced Peaches			
Vegetable	1/2 c	1/2 c	3/4 c				Cucumber Slices	
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz		Dannon Light & Fit Vanilla Yogurt (D)			
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Whole Grain Cracker Bites (D, S, W)		Trail Mix (Cheerios, Kix, Rice Chex & Raisins)	Whole Grain Veggie Crackers (D, S, W)	
Milk*, fluid	4 oz	4 oz	8 oz	Milk (D)		Milk (D)		
Condiments							Ranch Dressing (D, E, S)	

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