

## Lejeune-New River Child Youth Programs CDC/NR SAC Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus			Age Legend: PT= Pre-Toddler, TD=Toddler, PS=Preschool		
BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	February 2, 2026	February 3, 2026	February 4, 2026	February 5, 2026	February 6, 2026
BREAKFAST					
Fruit	Fruit Cocktail (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)		
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Cheerios Cereal
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup	Ketchup (C)		
LUNCH					
Fruit	Diced Pears	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Appplesauce	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Applesauce (PT) Apple Slices (TD/PS)
Vegetable	Diced Carrots	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Corn
Meat or Meat Alt	Sunbutter & Jelly String Cheese (D)	Diced Ham	Ground Turkey Taco Meat (C)	Diced Chicken w/ BBQ Sauce (C)	Ground Turkey Chili (C)
Grain	Whole Wheat Bread (S, W)	Whole Grain Macaroni & Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	Cornbread (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Salsa (C), Shredded Cheese (D)	Jelly	
SNACK					
Fruit		Diced Peaches			Diced Pears
Vegetable				Cucumber Slices	
Meat or Meat Alt		Dannon Light & Fit Vanilla Yogurt (D)			
Grain	Whole Wheat Soft Mini Pretzel (W)		Trail Mix (Cheerios, Kix, Rice Chex & Raisins)	Whole Grain Veggie Crackers (D, S, W)	Whole Grain Sweet Potato Crackers (S, W)
Milk*, fluid	Milk (D)		Milk (D)		
Condiments				Ranch Dressing (D, E, S)	

Menu subject to change.

Revised 11/2025

\*Milk: 1 yr old : unflavored whole milk, 2-12 yr old : unflavored low-fat milk, Lactose-Free Milk; Kikkoman Organic Soy

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	February 9, 2026	February 10, 2026	February 11, 2026	February 12, 2026	February 13, 2026
BREAKFAST					
Fruit	Diced Peaches	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Bananas	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Blueberries
Meat or Meat Alt (Optional)		Egg Patty (D, E, S)			
Grain	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Ketchup (C)			Syrup
LUNCH					
Fruit	Mandarin Oranges (C)	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Diced Pears	Applesauce	Fruit Cocktail (C)
Vegetable	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	Sweet Potatoes
Meat or Meat Alt	Sliced Turkey & Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Ground Turkey Sloppy Joe (C)
Grain	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Mayo (E)				Jelly
SNACK					
Fruit			Diced Peaches (PT) Apple Slices (TD/PS)		
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Wheat Pita Bread Wedges (W)	Whole Grain Cheese Snack Crackers (D, S, W)
Milk*, fluid	Milk (D)			Milk (D)	
Condiments		Ranch Dressing (D, E, S)		Jelly	

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	February 16, 2026	February 17, 2026	February 18, 2026	February 19, 2026	February 20, 2026
BREAKFAST					
Fruit	CLOSED	Fruit Cocktail (C)	Diced Pears	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain		Life Cereal (W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Syrup
LUNCH					
Fruit	CLOSED	Applesauce	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits(TD/PS)(C)	Diced Pears
Vegetable		Green Beans	Potato Medley	Spinach	Diced Carrots
Meat or Meat Alt		Sliced Ham & Cheese (D)	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Spaghetti Sauce (C)
Grain		Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Mayo (E)	Ketchup (C), Jelly		
SNACK					
Fruit	CLOSED		Diced Peaches (PT) Apple Slices (TD/PS)		
Vegetable					
Meat or Meat Alt		String Cheese (D)	Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain		Whole Grain Sweet Potato Crackers (S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
Milk*, fluid				Milk (D)	
Condiments					

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	February 23, 2026	February 24, 2026	February 25, 2026	February 26, 2026	February 27, 2026
BREAKFAST					
Fruit	Fruit Cocktail (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)		
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Cheerios Cereal
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup	Ketchup (C)		
LUNCH					
Fruit	Diced Pears	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Appplesauce	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Applesauce (PT) Apple Slices (TD/PS)
Vegetable	Diced Carrots	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Corn
Meat or Meat Alt	Sunbutter & Jelly String Cheese (D)	Diced Ham	Ground Turkey Taco Meat (C)	Diced Chicken w/ BBQ Sauce (C)	Ground Turkey Chili (C)
Grain	Whole Wheat Bread (S, W)	Whole Grain Macaroni & Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	Cornbread (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Salsa (C), Shredded Cheese (D)	Jelly	
SNACK					
Fruit		Diced Peaches			Diced Pears
Vegetable				Cucumber Slices	
Meat or Meat Alt		Dannon Light & Fit Vanilla Yogurt (D)			
Grain	Whole Wheat Soft Mini Pretzel (W)		Trail Mix (Cheerios, Kix, Rice Chex & Raisins)	Whole Grain Veggie Crackers (D, S, W)	Whole Grain Sweet Potato Crackers (S, W)
Milk*, fluid	Milk (D)		Milk (D)		
Condiments				Ranch Dressing (D, E, S)	

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