

#7422

Lejeune-New River Child Youth Programs CDC/NR SAC Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus				Age Legend: PT= Pre-Toddler, TD=Toddler, PS=Preschool				
Portion Measurements Legend: 1/8 cup=1 oz    1/4 cup=2 oz    1/2 cup=4 oz    3/4 cup=6 oz    1 cup=8 oz								
BRAVO WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	April 27, 2026	April 28, 2026	April 29, 2026	April 30, 2026	May 1, 2026
<b>BREAKFAST</b>								
Fruit	1/4 c	1/2 c	1/2 c	Fruit Cocktail (C)	Crushed Pineapple (PT) (C) Pineapple Tidbits (TD/PS) (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz			Egg Patty (D, E, S)		
Grain	1/2 oz	1/2 oz	1 oz	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Cheerios Cereal
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Syrup	Ketchup (C)		
<b>LUNCH</b>								
Fruit	1/8 c	1/4 c	1/4 c	Diced Pears	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Applesauce	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Applesauce (PT) Apple Slices (TD/PS)
Vegetable	1/8 c	1/4 c	1/2 c	Diced Carrots	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Corn
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz	Sunbutter & Jelly String Cheese (D)	Diced Ham	Ground Turkey Taco Meat (C)	Diced Chicken w/ BBQ Sauce (C)	Ground Turkey Chili (C)
Grain	1/2 oz	1/2 oz	1 oz	Whole Wheat Bread (S, W)	Whole Grain Macaroni & Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	Cornbread (D, E, S, W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments						Salsa (C), Shredded Cheese (D)	Jelly	
<b>SNACK</b>								
Fruit	1/2 c	1/2 c	3/4 c		Diced Peaches			Diced Pears
Vegetable	1/2 c	1/2 c	3/4 c				Cucumber Slices	
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz		Dannon Light & Fit Vanilla Yogurt (D)			
Grain	1/2 oz	1/2 oz	1 oz	Whole Grain Cracker Bites (D, S, W)		Trail Mix (Cheerios, Kix, Rice Chex & Raisins)	Whole Grain Veggie Crackers (D, S, W)	Whole Grain Sweet Potato Crackers (S, W)
Milk*, fluid	4 oz	4 oz	8 oz	Milk (D)		Milk (D)		
Condiments							Ranch Dressing (D, E, S)	

Menu subject to change.

Revised 3/2026

\*Milk: 1 yr old : unflavored whole milk, 2-12 yr old : unflavored low-fat milk, Lactose-Free Milk; Kikkoman Organic Soy

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<b>Portion Measurements Legend: 1/8 cup=1 oz    1/4 cup=2 oz    1/2 cup=4 oz    3/4 cup=6 oz    1 cup=8 oz</b>								
<b>CHARLIE WEEK</b>	<b>Minimum portions</b>			<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
This institution is an equal opportunity provider.	<b>PT/TD</b>	<b>PS</b>	<b>SAC</b>	May 4, 2026	May 5, 2026	May 6, 2026	May 7, 2026	May 8, 2026
<b>BREAKFAST</b>								
<b>Fruit</b>	1/4 c	1/2 c	1/2 c	Diced Peaches	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Bananas	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Blueberries
<b>Meat or Meat Alt (Optional)</b>	1/2 oz	1/2 oz	1oz		Egg Patty (D, E, S)			
<b>Grain</b>	1/2 oz	1/2 oz	1 oz	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Pancakes (D, E, S, W)
<b>Milk*, fluid</b>	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
<b>Condiments</b>					Ketchup (C)			Syrup
<b>LUNCH</b>								
<b>Fruit</b>	1/8 c	1/4 c	1/4 c	Mandarin Oranges (C)	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Diced Pears	Applesauce	Fruit Cocktail (C)
<b>Vegetable</b>	1/8 c	1/4 c	1/2 c	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	Sweet Potatoes
<b>Meat or Meat Alt</b>	1 oz	1 1/2 oz	2 oz	Sliced Turkey & Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Ground Turkey Sloppy Joe (C)
<b>Grain</b>	1/2 oz	1/2 oz	1 oz	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)
<b>Milk*, fluid</b>	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
<b>Condiments</b>				Mayo (E)				Jelly
<b>SNACK</b>								
<b>Fruit</b>	1/2 c	1/2 c	3/4 c			Diced Peaches (PT) Apple Slices (TD/PS)		
<b>Vegetable</b>	1/2 c	1/2 c	3/4 c		Cucumber Slices			
<b>Meat or Meat Alt</b>	1/2 oz	1/2 oz	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
<b>Grain</b>	1/2 oz	1/2 oz	1 oz	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Wheat Pita Bread Wedges (W)	Whole Grain Cheese Snack Crackers (D, S, W)
<b>Milk*, fluid</b>	4 oz	4 oz	8 oz	Milk (D)			Milk (D)	
<b>Condiments</b>					Ranch Dressing (D, E, S)		Jelly	

Menu subject to change.

Revised 3/2026

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Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus				Age Legend: PT= Pre-Toddler, TD=Toddler, PS=Preschool				
Portion Measurements Legend: 1/8 cup=1 oz    1/4 cup=2 oz    1/2 cup=4 oz    3/4 cup=6 oz    1 cup=8 oz								
ALPHA WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	May 11, 2026	May 12, 2026	May 13, 2026	May 14, 2026	May 15, 2026
<b>BREAKFAST</b>								
Fruit	1/4 c	1/2 c	1/2 c	Fruit Cocktail (C)	Diced Pears (PT) Orange Slices (TD/PS) (C)	Bananas	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Blueberries
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz					
Grain	1/2 oz	1/2 oz	1 oz	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Syrup			Syrup
<b>LUNCH</b>								
Fruit	1/8 c	1/4 c	1/4 c	Applesauce	Diced Peaches	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Diced Pears
Vegetable	1/8 c	1/4 c	1/2 c	Green Beans	Corn	Potato Medley	Spinach	Diced Carrots
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Spaghetti Sauce (C)
Grain	1/2 oz	1/2 oz	1 oz	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments				Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly		
<b>SNACK</b>								
Fruit	1/2 c	1/2 c	3/4 c			Diced Peaches (PT) Apple Slices (TD/PS)		
Vegetable	1/2 c	1/2 c	3/4 c		Cucumber Slices			
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	1/2 oz	1/2 oz	1 oz	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
Milk*, fluid	4 oz	4 oz	8 oz	Milk (D)			Milk (D)	
Condiments					Ranch Dressing (D, E, S)			

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Portion Measurements Legend: 1/8 cup=1 oz    1/4 cup=2 oz    1/2 cup=4 oz    3/4 cup=6 oz    1 cup=8 oz								
BRAVO WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	May 18, 2026	May 19, 2026	May 20, 2026	May 21, 2026	May 22, 2026
<b>BREAKFAST</b>								
Fruit	1/4 c	1/2 c	1/2 c	Fruit Cocktail (C)	Crushed Pineapple (PT) (C) Pineapple Tidbits (TD/PS) (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz			Egg Patty (D, E, S)		
Grain	1/2 oz	1/2 oz	1 oz	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Cheerios Cereal
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Syrup	Ketchup (C)		
<b>LUNCH</b>								
Fruit	1/8 c	1/4 c	1/4 c	Diced Pears	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Applesauce	Fruit Cocktail (PT) (C) Tropical Fruit (TD/PS) (C)	Applesauce (PT) Apple Slices (TD/PS)
Vegetable	1/8 c	1/4 c	1/2 c	Diced Carrots	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Corn
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz	Sunbutter & Jelly String Cheese (D)	Diced Ham	Ground Turkey Taco Meat (C)	Diced Chicken w/ BBQ Sauce (C)	Ground Turkey Chili (C)
Grain	1/2 oz	1/2 oz	1 oz	Whole Wheat Bread (S, W)	Whole Grain Macaroni & Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	Cornbread (D, E, S, W)
Milk*, fluid	4 oz	6 oz	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments						Salsa (C), Shredded Cheese (D)	Jelly	
<b>SNACK</b>								
Fruit	1/2 c	1/2 c	3/4 c		Diced Peaches			Diced Pears
Vegetable	1/2 c	1/2 c	3/4 c				Cucumber Slices	
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz		Dannon Light & Fit Vanilla Yogurt (D)			
Grain	1/2 oz	1/2 oz	1 oz	Whole Grain Cracker Bites (D, S, W)		Trail Mix (Cheerios, Kix, Rice Chex & Raisins)	Whole Grain Veggie Crackers (D, S, W)	Whole Grain Sweet Potato Crackers (S, W)
Milk*, fluid	4 oz	4 oz	8 oz	Milk (D)		Milk (D)		
Condiments							Ranch Dressing (D, E, S)	

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Portion Measurements Legend: 1/8 cup=1 oz    1/4 cup=2 oz    1/2 cup=4 oz    3/4 cup=6 oz    1 cup=8 oz								
CHARLIE WEEK	Minimum portions			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	PT/TD	PS	SAC	May 25, 2026	May 26, 2026	May 27, 2026	May 28, 2026	May 29, 2026
<b>BREAKFAST</b>								
Fruit	1/4 c	1/2 c	1/2 c	<b>CLOSED</b>	Diced Peaches	Crushed Pineapple(PT) (C) Pineapple Tidbits (TD/PS) (C)	Mandarin Oranges (PT) (C) Sliced Oranges (TD/PS) (C)	Blueberries
Meat or Meat Alt (Optional)	1/2 oz	1/2 oz	1oz					
Grain	1/2 oz	1/2 oz	1 oz		Cornflakes Cereal (W)	Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	4 oz	6 oz	8 oz		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments								Syrup
<b>LUNCH</b>								
Fruit	1/8 c	1/4 c	1/4 c	<b>CLOSED</b>	Mandarin Oranges (C)	Diced Pears	Applesauce	Fruit Cocktail (C)
Vegetable	1/8 c	1/4 c	1/2 c		Potato Salad (E, S)	Diced Carrots	Chopped Broccoli	Sweet Potatoes
Meat or Meat Alt	1 oz	1 1/2 oz	2 oz		Sliced Turkey & Cheese (D)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Ground Turkey Sloppy Joe (C)
Grain	1/2 oz	1/2 oz	1 oz		Whole Wheat Pita Bread (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)
Milk*, fluid	4 oz	6 oz	8 oz		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Mayo (E)			Jelly
<b>SNACK</b>								
Fruit	1/2 c	1/2 c	3/4 c	<b>CLOSED</b>		Diced Peaches (PT) Apple Slices (TD/PS)		
Vegetable	1/2 c	1/2 c	3/4 c					
Meat or Meat Alt	1/2 oz	1/2 oz	1 oz		String Cheese (D)	Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	1/2 oz	1/2 oz	1 oz		Whole Wheat Berry Animal Crackers (D, S, W)		Whole Wheat Pita Bread Wedges (W)	Whole Grain Cheese Snack Crackers (D, S, W)
Milk*, fluid	4 oz	4 oz	8 oz				Milk (D)	
Condiments							Jelly	

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