## Lejeune-New River Child Youth Programs SAC (TTYP/SSYP) Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus							
BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
This institution is an equal opportunity provider.	September 29, 2025	September 30, 2025	October 1, 2025	October 2, 2025	October 3, 2025		
		BRE	AKFAST				
Fruit	Fruit Cocktail (C)	Pineapple Tidbits (C)	Bananas	Diced Peaches	Diced Mangoes		
Meat or Meat Alt			Egg Patty (D, E, S)				
(Optional)							
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)		
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)		
Condiments		Syrup, Butter (D)	Ketchup (C), Shredded Cheese				
		11	(D), Salsa (C)	(D)			
F. '1		L	<mark>JNCH</mark>				
Fruit							
Vegetable							
Meat or Meat Alt							
Grain							
Milk*, fluid							
Condiments							
<u>SNACK</u>							
Fruit		Oranges (C)			Diced Pears		
Vegetable				Cucumber Slices			
Meat or Meat Alt			String Cheese (D)				
Grain	Whole Wheat Soft Mini	Whole Wheat Berry Animal	Cheez-It Crackers (D, S, W)	Whole Wheat Pita Bread	Whole Corn Tortilla Chips (S)		
na:11 + f1 - 1	Pretzel (W)	Crackers (D, S, W)		Wedges (W)			
Milk*, fluid	Milk (D)			C 1 11 D 1 D 1 T	C 1 (C)		
Condiments	Honey Mustard (E, S)			Sunbutter, Ranch Dressing (D, E, S)	Salsa (C)		

<sup>\*</sup>Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack

Chilled Water is available throughout the day.

Food Allergen Ingredien	ts Legend: D=Dairy, E=Egg, S	S=Soy, W=Wheat, C=Citrus			
CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	October 6, 2025	October 7, 2025	October 8, 2025	October 9, 2025	October 10, 2025
		BREA	AKFAST		
Fruit	Diced Peaches	Pineapple Tidbits (C)	Bananas	Oranges (C)	Blueberries
Meat or Meat Alt		Egg Patty (D, E, S)			
(Optional)					
Grain	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Waffles (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Ketchup (C), Shredded Cheese (D), Salsa (C)			Syrup, Butter (D)
		LU	NCH		
Fruit			Diced Pears		
Vegetable			Diced Carrots		
Meat or Meat Alt			Cowboy Beans (Ground Turkey, Baked Beans) (C)		
Grain			Cornbread (D, E, S, W)		
Milk*, fluid			Milk (D)		
Condiments					
		SN	IACK		
Fruit			Apples	Diced Peaches	
Vegetable		Cucumber Slices			Carrot Sticks
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	
Milk*, fluid	Milk (D)				
Condiments		Ranch Dressing (D, E, S)		Salsa (C)	Ranch Dressing (D, E, S)

<sup>\*</sup>Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack

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Food Allergen Ingredients	Legend: D=Dairy, E=Egg,	S=Soy, W=Wheat, C=Citrus			
ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	October 13, 2025	October 14, 2025	October 15, 2025	October 16, 2025	October 17, 2025
		BRE	AKFAST		
Fruit		Fruit Cocktail (C)	Oranges (C)	Tropical Fruit (C)	Blueberries
Meat or Meat Alt					
(Optional)					
Grain		Life Cereal (W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments					Syrup, Butter (D)
		L	UNCH		
Fruit		Applesauce			
Vegetable		Green Beans			
Meat or Meat Alt	CLOSED	Sliced Ham & Cheese (D)			
Grain		Whole Wheat Tortilla (W)			
Milk*, fluid		Milk (D)			
Condiments		Pickles, Mustard, Mayo (E)			
		S	NACK		
Fruit			Apples	Diced Peaches	
Vegetable					
Meat or Meat Alt		String Cheese	Dannon Light & Fit Vanilla Yogurt (D)		
Grain		Whole Grain Sweet Potato Crackers (S, W)		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D, W)
Milk*, fluid					Milk (D)
Condiments				Salsa (C)	

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Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus								
BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
This institution is an equal opportunity provider.	October 20, 2025	October 21, 2025	October 22, 2025	October 23, 2025	October 24, 2025			
	BREAKFAST							
Fruit	Fruit Cocktail (C)	Pineapple Tidbits (C)	Bananas	Diced Peaches	Diced Mangoes			
Meat or Meat Alt			Egg Patty (D, E, S)					
(Optional)								
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)			
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)			
Condiments		Syrup, Butter (D)	Ketchup (C), Shredded Cheese	Shredded Cheese (D)				
			(D), Salsa (C)					
		LU	JNCH					
Fruit					Apples			
Vegetable					Corn			
Meat or Meat Alt					Ground Turkey Chili (C)			
Grain					Cornbread (D, E, S, W)			
Milk*, fluid					Milk (D)			
Condiments								
SNACK								
Fruit					Diced Pears			
Vegetable				Cucumber Slices				
Meat or Meat Alt			String Cheese (D)					
Grain	Whole Wheat Soft Mini	Whole Wheat Berry Animal	Cheez-It Crackers (D, S, W)	Whole Grain Veggie Crackers	Whole Corn Tortilla Chips (S)			
	Pretzel (W)	Crackers (D, S, W)		(D, S, W)				
Milk*, fluid	Milk (D)	Milk (D)						
Condiments	Honey Mustard (E, S)			Ranch Dressing (D, E, S)	Salsa (C)			

<sup>\*</sup>Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack

Chilled Water is available throughout the day.

Food Allergen Ingredien	ts Legend: D=Dairy, E=Egg, S	=Soy, W=Wheat, C=Citrus			
CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	October 27, 2025	October 28, 2025	October 29, 2025	October 30, 2025	October 31, 2025
		BREA	KFAST		
Fruit	Diced Peaches	Pineapple Tidbits (C)	Bananas	Oranges (C)	Blueberries
Meat or Meat Alt		Egg Patty (D, E, S)			
(Optional)					
Grain	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Waffles (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Ketchup (C), Shredded Cheese (D), Salsa (C)			Syrup, Butter (D)
		LU	NCH		
Fruit					
Vegetable					
Meat or Meat Alt					
Grain					
Milk*, fluid					
Condiments					
		SN	ACK		
Fruit			Apples	Diced Peaches	
Vegetable		Cucumber Slices			Carrot Sticks
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	
Milk*, fluid	Milk (D)				
Condiments		Ranch Dressing (D, E, S)		Salsa (C)	Ranch Dressing (D, E, S)

<sup>\*</sup>Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack