

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus			Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool		
BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	December 30, 2024	December 31, 2024	January 1, 2024	January 2, 2024	January 3, 2024
<b>BREAKFAST</b>					
Fruit	Fruit Cocktail	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)			Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)
Meat or Meat Alt (Optional)					
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)			Cheerios Cereal
Milk*, fluid	Milk (D)	Milk (D)			Milk (D)
Condiments		Syrup, Butter (D)			
<b>LUNCH</b>					
Fruit	Diced Pears	Mandarin Oranges (PT) (C) Sliced Oranges (T/PS) (C)	<b>CLOSED</b>  <b>HAPPY NEW YEAR</b>	<b>CLOSED</b>  <b>HAPPY NEW YEAR</b>	Applesauce (PT) Apple Slices (T/PS)
Vegetable	Diced Carrots	Green Peas			Green Beans
Meat or Meat Alt	Sunbutter & Jelly String Cheese (D)	Diced Ham			Sliced Ham & Cheese (D)
Grain	Whole Wheat Bread (S, W)	Whole Grain Macaroni w/ Cheese (D, S, W)			Whole Wheat Flour Tortilla (W)
Milk*, fluid	Milk (D)	Milk (D)			Milk (D)
Condiments					Mustard, Mayo (E)
<b>SNACK</b>					
Fruit		Diced Peaches			Diced Pears
Vegetable					
Meat or Meat Alt		Dannon Light & Fit Vanilla Yogurt (D)			
Grain	Whole Wheat Soft Mini Pretzel (W)				Whole Grain Sweet Potato Crackers (S, W)
Milk*, fluid	Milk (D)				
Condiments	Honey Mustard (E, S)				

Menu subject to change.

Revised 8/2024

\*Milk: 1 yr old : unflavored whole milk, 2-12 yr old : unflavored low-fat milk, Lactose-Free Milk; Kikkoman Organic Soy

#7422

Lejeune-New River Child Youth Programs CDC/NR SAC Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus			Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool		
CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	January 6, 2024	January 7, 2024	January 8, 2024	January 9, 2024	January 10, 2024
<b>BREAKFAST</b>					
<b>Fruit</b>	Diced Peaches	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Bananas	Mandarin Oranges (PT) (C) Sliced Oranges (T/PS) (C)	Blueberries
<b>Meat or Meat Alt (Optional)</b>		Egg Patty (D, E, S)			
<b>Grain</b>	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Pancakes (D, E, S, W)
<b>Milk*, fluid</b>	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
<b>Condiments</b>		Ketchup (C), Shredded Cheese (D)		Butter (D)	Syrup, Butter (D)
<b>LUNCH</b>					
<b>Fruit</b>	Mandarin Oranges (C)	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Diced Pears	Applesauce	Fruit Cocktail
<b>Vegetable</b>	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	Sweet Potatoes
<b>Meat or Meat Alt</b>	Sliced Turkey & Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Ground Turkey in Sloppy Joe Sauce (C)
<b>Grain</b>	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)
<b>Milk*, fluid</b>	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
<b>Condiments</b>	Mustard, Mayo (E)				Ketchup (C), Jelly, Butter (D)
<b>SNACK</b>					
<b>Fruit</b>			Diced Peaches (PT) Apple Slices (T/PS)		
<b>Vegetable</b>		Cucumber Slices			
<b>Meat or Meat Alt</b>			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
<b>Grain</b>	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Wheat Pita Bread Wedges (W)	Whole Grain Cheese Snack Crackers (D, S, W)
<b>Milk*, fluid</b>	Milk (D)			Milk (D)	
<b>Condiments</b>		Ranch Dressing (D, E, S)		Jelly	

Menu subject to change.

Revised 8/2024

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Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus			Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool		
ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	January 13, 2024	January 14, 2024	January 15, 2024	January 16, 2024	January 17, 2024
<b>BREAKFAST</b>					
<b>Fruit</b>	Fruit Cocktail	Diced Pears (PT) Orange Slices (T/PS) (C)	Bananas	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Blueberries
<b>Meat or Meat Alt (Optional)</b>					
<b>Grain</b>	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
<b>Milk*, fluid</b>	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
<b>Condiments</b>		Syrup	Butter (D)		Syrup, Butter (D)
<b>LUNCH</b>					
<b>Fruit</b>	Applesauce	Diced Peaches	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Diced Pears
<b>Vegetable</b>	Green Beans	Corn	Potato Medley	Spinach	Diced Carrots
<b>Meat or Meat Alt</b>	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Meat Sauce (C)
<b>Grain</b>	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)
<b>Milk*, fluid</b>	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
<b>Condiments</b>	Mustard, Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly, Shredded Cheese (D), Butter (D)		
<b>SNACK</b>					
<b>Fruit</b>			Diced Peaches (PT) Apple Slices (T/PS)		
<b>Vegetable</b>		Cucumber Slices			
<b>Meat or Meat Alt</b>			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
<b>Grain</b>	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
<b>Milk*, fluid</b>	Milk (D)			Milk (D)	
<b>Condiments</b>		Ranch Dressing (D, E, S)			

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	January 20, 2024	January 21, 2024	January 22, 2024	January 23, 2024	January 24, 2024
<b>BREAKFAST</b>					
Fruit		Fruit Cocktail	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)		
Grain		Rice Krispy Cereal		Cheesy Grits (D, S, W)	Cheerios Cereal
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Ketchup (C), Shredded Cheese (D)	Butter (D)	
<b>LUNCH</b>					
Fruit	<b>CLOSED</b>  <b>Dr. Martin Luther King Jr Day</b>	Diced Pears	Applesauce	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Applesauce (PT) Apple Slices (T/PS)
Vegetable		Diced Carrots	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Corn
Meat or Meat Alt		Sunbutter & Jelly String Cheese (D)	Taco Seasoned Ground Turkey (C)	Diced Chicken in BBQ Sauce (C)	Ground Turkey Chili (C)
Grain		Whole Wheat Bread (S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	Cornbread (D, E, S, W)
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Ranch Dressing (D, E, S), Salsa (C), Shredded Cheese (D)	Jelly, Butter (D)	
<b>SNACK</b>					
Fruit					Diced Pears
Vegetable				Cucumber Slices	
Meat or Meat Alt					
Grain		Whole Wheat Soft Mini Pretzel (W)	Trail Mix (Cheerios, Kix, Rice Chex & Raisins)	Whole Wheat Pita Bread Wedges (W)	Whole Grain Sweet Potato Crackers (S, W)
Milk*, fluid		Milk (D)	Milk (D)		
Condiments		Honey Mustard (E, S)		Hummus (C)	

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	January 27, 2024	January 28, 2024	January 29, 2024	January 30, 2024	January 31, 2024
<b>BREAKFAST</b>					
<b>Fruit</b>	Diced Peaches	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Bananas	Mandarin Oranges (PT) (C) Sliced Oranges (T/PS) (C)	Blueberries
<b>Meat or Meat Alt (Optional)</b>		Egg Patty (D, E, S)			
<b>Grain</b>	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Pancakes (D, E, S, W)
<b>Milk*, fluid</b>	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
<b>Condiments</b>		Ketchup (C), Shredded Cheese (D)		Butter (D)	Syrup, Butter (D)
<b>LUNCH</b>					
<b>Fruit</b>	Mandarin Oranges (C)	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Diced Pears	Applesauce	Fruit Cocktail
<b>Vegetable</b>	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	Sweet Potatoes
<b>Meat or Meat Alt</b>	Sliced Turkey & Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Ground Turkey in Sloppy Joe Sauce (C)
<b>Grain</b>	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)
<b>Milk*, fluid</b>	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
<b>Condiments</b>	Mustard, Mayo (E)				Ketchup (C), Jelly, Butter (D)
<b>SNACK</b>					
<b>Fruit</b>			Diced Peaches (PT) Apple Slices (T/PS)		
<b>Vegetable</b>		Cucumber Slices			
<b>Meat or Meat Alt</b>			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
<b>Grain</b>	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Wheat Pita Bread Wedges (W)	Whole Grain Cheese Snack Crackers (D, S, W)
<b>Milk*, fluid</b>	Milk (D)			Milk (D)	
<b>Condiments</b>		Ranch Dressing (D, E, S)		Jelly	

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