

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus			Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool		
ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	February 3, 2025	February 4, 2025	February 5, 2025	February 6, 2025	February 7, 2025
BREAKFAST					
Fruit	Fruit Cocktail	Diced Pears (PT) Orange Slices (T/PS) (C)	Bananas	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup	Butter (D)		Syrup, Butter (D)
LUNCH					
Fruit	Applesauce	Diced Peaches	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Diced Pears
Vegetable	Green Beans	Corn	Potato Medley	Spinach	Diced Carrots
Meat or Meat Alt	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Meat Sauce (C)
Grain	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Mustard, Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly, Shredded Cheese (D), Butter (D)		
SNACK					
Fruit			Diced Peaches (PT) Apple Slices (T/PS)		
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
Milk*, fluid	Milk (D)			Milk (D)	
Condiments		Ranch Dressing (D, E, S)			

Menus subject to change.

Revised 8/2024

*Milk: 1 yr old : unflavored whole milk, 2-12 yr old : unflavored low-fat milk, Lactose-Free Milk; Kikkoman Organic Soy

#7422

Lejeune-New River Child Youth Programs CDC/NR SAC Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

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BRAVO WEEK		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		February 10, 2025		February 11, 2025		February 12, 2025		February 13, 2025		February 14, 2025	
BREAKFAST											
Fruit	Fruit Cocktail		Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)		Bananas		Diced Peaches		Diced Mangoes		
Meat or Meat Alt (Optional)					Egg Patty (D, E, S)						
Grain	Rice Krispy Cereal		Whole Wheat Pancakes (D, E, S, W)				Cheesy Grits (D, S, W)		Cheerios Cereal		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments			Syrup, Butter (D)		Ketchup (C), Shredded Cheese (D)		Butter (D)				
LUNCH											
Fruit	Diced Pears		Mandarin Oranges (PT) (C) Sliced Oranges (T/PS) (C)		Applesauce		Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)		Applesauce (PT) Apple Slices (T/PS)		
Vegetable	Diced Carrots		Green Peas		Shredded Lettuce & Diced Tomatoes (C)		Sweet Potatoes		Corn		
Meat or Meat Alt	Sunbutter & Jelly String Cheese (D)		Diced Ham		Taco Seasoned Ground Turkey (C)		Diced Chicken in BBQ Sauce (C)		Ground Turkey Chili (C)		
Grain	Whole Wheat Bread (S, W)		Whole Grain Macaroni w/ Cheese (D, S, W)		Whole Wheat Flour Tortilla (W)		Whole Wheat Biscuit (D, S, W)		Cornbread (D, E, S, W)		
Milk*, fluid	Milk (D)		Milk (D)		Milk (D)		Milk (D)		Milk (D)		
Condiments					Ranch Dressing (D, E, S), Salsa (C), Shredded Cheese (D)		Jelly, Butter (D)				
SNACK											
Fruit			Diced Peaches						Diced Pears		
Vegetable							Cucumber Slices				
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)								
Grain	Whole Wheat Soft Mini Pretzel (W)				Trail Mix (Cheerios, Kix, Rice Chex & Raisins)		Whole Wheat Pita Bread Wedges (W)		Whole Grain Sweet Potato Crackers (S, W)		
Milk*, fluid	Milk (D)				Milk (D)						
Condiments	Honey Mustard (E, S)						Hummus (C)				

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	February 17, 2025	February 18, 2025	February 19, 2025	February 20, 2025	February 21, 2025
BREAKFAST					
Fruit		Diced Peaches	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Mandarin Oranges (PT) (C) Sliced Oranges (T/PS) (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain		Cornflakes Cereal (W)	Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments				Butter (D)	Syrup, Butter (D)
LUNCH					
Fruit	CLOSED President's Day	Mandarin Oranges (C)	Diced Pears	Applesauce	Fruit Cocktail
Vegetable		Potato Salad (E, S)	Diced Carrots	Chopped Broccoli	Sweet Potatoes
Meat or Meat Alt		Sliced Turkey & Cheese (D)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Ground Turkey in Sloppy Joe Sauce (C)
Grain		Whole Wheat Pita Bread (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)
Milk*, fluid		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Mustard, Mayo (E)			Ketchup (C), Jelly, Butter (D)
SNACK					
Fruit			Diced Peaches (PT) Apple Slices (T/PS)		
Vegetable					
Meat or Meat Alt		String Cheese (D)	Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain		Whole Wheat Berry Animal Crackers (D, S, W)		Whole Wheat Pita Bread Wedges (W)	Whole Grain Cheese Snack Crackers (D, S, W)
Milk*, fluid				Milk (D)	
Condiments				Jelly	

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	February 24, 2025	February 25, 2025	February 26, 2025	February 27, 2025	February 28, 2025
BREAKFAST					
Fruit	Fruit Cocktail	Diced Pears (PT) Orange Slices (T/PS) (C)	Bananas	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup	Butter (D)		Syrup, Butter (D)
LUNCH					
Fruit	Applesauce	Diced Peaches	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Diced Pears
Vegetable	Green Beans	Corn	Potato Medley	Spinach	Diced Carrots
Meat or Meat Alt	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Meat Sauce (C)
Grain	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Mustard, Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly, Shredded Cheese (D), Butter (D)		
SNACK					
Fruit			Diced Peaches (PT) Apple Slices (T/PS)		
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
Milk*, fluid	Milk (D)			Milk (D)	
Condiments		Ranch Dressing (D, E, S)			

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