

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus				Age Legend: PT= Pre-Toddler, T=Toddler, PS=Preschool	
CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	February 26, 2024	February 27, 2024	February 28, 2024	February 29, 2024	March 1, 2024
BREAKFAST					
Fruit	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Bananas	Mandarin Oranges (PT) (C) Sliced Oranges (T/PS) (C)	Blueberries
Meat or Meat Alt (Optional)		Egg Patty (D, E, S)			
Grain	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Ketchup (C), Shredded Cheese (D)			Syrup, Butter (D)
LUNCH					
Fruit	Diced Peaches	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Diced Pears (PT) Apple Slices (T/PS)	Applesauce	Fruit Cocktail
Vegetable	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	Potato Medley
Meat or Meat Alt	Sliced Turkey & Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Ground Turkey in Sloppy Joe Sauce (C)
Grain	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Mustard, Mayo (E)				Ketchup (C), Jelly, Butter (D)
SNACK					
Fruit			Diced Peaches	Diced Pears	
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)	Sliced Cheese (wrapped in tortilla) (D)	String Cheese (D)
Grain	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Wheat Flour Tortilla (W)	Whole Grain Cheese Snack Crackers (D, S, W)
Milk*, fluid	Milk (D)				
Condiments		Ranch Dressing (D, E, S)		Ranch Dressing (D, E, S)	

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	March 4, 2024	March 5, 2024	March 6, 2024	March 7, 2024	March 8, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Diced Pears (PT) Orange Slices (T/PS) (C)	Bananas	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain	Whole Wheat Biscuit (D, S, W)	Life Cereal (W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Grain French Toast Sticks (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Jelly, Butter (D)				Syrup
LUNCH					
Fruit	Applesauce	Diced Peaches	Mandarin Oranges (C)	Diced Pears	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)
Vegetable	Green Beans	Corn	Potato Medley	Diced Carrots	Spinach
Meat or Meat Alt	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Ground Turkey Meat Sauce (C)	Teriyaki Diced Chicken (S, W, C)
Grain	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Whole Grain Spaghetti Noodles (W)	Fried Jasmine Rice (S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Mustard, Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly, Shredded Cheese (D), Butter (D)		
SNACK					
Fruit			Diced Peaches	Applesauce (PT) Apple Slices (T/PS)	
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
Milk*, fluid	Milk (D)				Milk (D)
Condiments		Ranch Dressing (D, E, S)			

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	March 11, 2024	March 12, 2024	March 13, 2024	March 14, 2024	March 15, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)		
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Cheerios Cereal
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup, Butter (D)	Ketchup (C), Shredded Cheese (D)		
LUNCH					
Fruit	Diced Pears	Mandarin Oranges (PT) (C) Sliced Oranges (T/PS) (C)	Applesauce	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Applesauce (PT) Apple Slices (T/PS)
Vegetable	Diced Carrots	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Corn
Meat or Meat Alt	Sunbutter & Jelly String Cheese (D)	Diced Ham	Taco Seasoned Ground Turkey (C)	Diced Chicken in BBQ Sauce (C)	Ground Turkey Chili (C)
Grain	Whole Wheat Bread (S, W)	Whole Grain Macaroni w/ Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Biscuit (D, S, W)	Cornbread (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Ranch Dressing (D, E, S), Salsa (C), Shredded Cheese (D)	Jelly, Butter (D)	
SNACK					
Fruit		Diced Peaches			Diced Pears
Vegetable				Cucumber Slices	
Meat or Meat Alt		Cottage Cheese (D)			
Grain	Whole Wheat Soft Mini Pretzel (W)		Trail Mix (Cheerios, Kix, Rice Chex & Raisins)	Whole Wheat Pita Bread Wedges (W)	Whole Grain Sweet Potato Crackers (S, W)
Milk*, fluid	Milk (D)		Milk (D)		
Condiments	Honey Mustard (E, S)			Hummus (C)	

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	March 18, 2024	March 19, 2024	March 20, 2024	March 21, 2024	March 22, 2024
BREAKFAST					
Fruit	Mandarin Oranges (C)	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)	Bananas	Mandarin Oranges (PT) (C) Sliced Oranges (T/PS) (C)	Blueberries
Meat or Meat Alt (Optional)		Egg Patty (D, E, S)			
Grain	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Ketchup (C), Shredded Cheese (D)			Syrup, Butter (D)
LUNCH					
Fruit	Diced Peaches	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Diced Pears (PT) Apple Slices (T/PS)	Applesauce	Fruit Cocktail
Vegetable	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	Potato Medley
Meat or Meat Alt	Sliced Turkey & Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Ground Turkey in Sloppy Joe Sauce (C)
Grain	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Mustard, Mayo (E)				Ketchup (C), Jelly, Butter (D)
SNACK					
Fruit			Diced Peaches		
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)	Sliced Cheese (wrapped in tortilla) (D)	String Cheese (D)
Grain	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Wheat Flour Tortilla (W)	Whole Grain Cheese Snack Crackers (D, S, W)
Milk*, fluid	Milk (D)			Milk (D)	
Condiments		Ranch Dressing (D, E, S)		Ranch Dressing (D, E, S)	

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	March 25, 2024	March 26, 2024	March 27, 2024	March 28, 2024	March 29, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Diced Pears (PT) Orange Slices (T/PS) (C)	Bananas	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain	Whole Wheat Biscuit (D, S, W)	Life Cereal (W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Grain French Toast Sticks (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Jelly, Butter (D)				Syrup
LUNCH					
Fruit	Applesauce	Diced Peaches	Mandarin Oranges (C)	Diced Pears	Crushed Pineapple(PT) (C) Pineapple Tidbits (T/PS) (C)
Vegetable	Green Beans	Corn	Potato Medley	Diced Carrots	Spinach
Meat or Meat Alt	Sliced Ham & Cheese (D)	Black Beans	Egg Patty (D, E, S)	Ground Turkey Meat Sauce (C)	Teriyaki Diced Chicken (S, W, C)
Grain	Whole Wheat Flour Tortilla (W)	Jasmine Rice	Whole Wheat Biscuit (D, S, W)	Whole Grain Spaghetti Noodles (W)	Fried Jasmine Rice (S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Mustard, Mayo (E)	Salsa (C), Shredded Cheese (D)	Ketchup (C), Jelly, Shredded Cheese (D), Butter (D)		
SNACK					
Fruit			Diced Peaches	Applesauce (PT) Apple Slices (T/PS)	Fruit Cocktail (PT) Tropical Fruit (T/PS) (C)
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Grain Cheese Snack Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)
Milk*, fluid	Milk (D)				
Condiments		Ranch Dressing (D, E, S)			