

| Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus |  |  |   |                               |                                   |
|--|--|--|---|-------------------------------|-----------------------------------|
| Alpha Week   | MONDAY                                   | TUESDAY                                      | WEDNESDAY                               | THURSDAY                      | FRIDAY                            |
| This institution is an equal opportunity provider.                         | December 2, 2024                         | December 3, 2024                             | December 4, 2024                        | December 5, 2024              | December 6, 2024                  |
| <b>BREAKFAST</b>   |  |  |   |                               |                                   |
| Fruit  | Fruit Cocktail                           | Oranges (C)                                  | Bananas                                 | Tropical Fruit (C)            | Blueberries                       |
| Meat or Meat Alt (Optional)  |  |  |   |                               |                                   |
| Grain  | Life Cereal (W)                          | Whole Grain French Toast Sticks (D, E, S, W) | Oatmeal w/ Brown Sugar and Cinnamon (D) | Rice Chex Cereal              | Whole Wheat Pancakes (D, E, S, W) |
| Milk*, fluid   | Milk (D)                                 | Milk (D)                                     | Milk (D)                                | Milk (D)                      | Milk (D)                          |
| Condiments   |  | Syrup  | Butter (D)                              |                               | Syrup, Butter (D)                 |
| <b>LUNCH</b>   |  |  |   |                               |                                   |
| Fruit  |  |  |   |                               |                                   |
| Vegetable  |  |  |   |                               |                                   |
| Meat or Meat Alt   |  |  |   |                               |                                   |
| Grain  |  |  |   |                               |                                   |
| Milk*, fluid   |  |  |   |                               |                                   |
| Condiments   |  |  |   |                               |                                   |
| <b>SNACK</b>   |  |  |   |                               |                                   |
| Fruit  |  |  | Apples                                  | Diced Peaches                 |                                   |
| Vegetable  |  | Cucumber Slices                              |   |                               |                                   |
| Meat or Meat Alt   |  |  | Dannon Light & Fit Vanilla Yogurt (D)   |                               |                                   |
| Grain  | Whole Grain Sweet Potato Crackers (S, W) | Whole Grain Cracker Bites (D, S, W)          |   | Whole Corn Tortilla Chips (S) | Cheddar Goldfish Cracker (D, W)   |
| Milk*, fluid   | Milk (D)                                 |  |   |                               | Milk (D)                          |
| Condiments   |  | Ranch Dressing (D, E, S)                     |   | Salsa (C)                     |                                   |

Menu subject to change. Revised 8/2024

\*Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack

Condiments available upon request

#7422

**Lejeune-New River Child Youth Programs SAC (TTYP/SSYP) Menu**

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

| <b>Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus</b> |                                   |   |   |                                     |                               |
|---|-----------------------------------|---|---|-------------------------------------|-------------------------------|
| <b>BRAVO WEEK</b>   | <b>MONDAY</b>                     | <b>TUESDAY</b>                              | <b>WEDNESDAY</b>                            | <b>THURSDAY</b>                     | <b>FRIDAY</b>                 |
| This institution is an equal opportunity provider.                                | December 9, 2024                  | December 10, 2024                           | December 11, 2024                           | December 12, 2024                   | December 13, 2024             |
| <b>BREAKFAST</b>  |                                   |   |   |                                     |                               |
| <b>Fruit</b>  | Fruit Cocktail                    | Pineapple Tidbits (C)                       | Bananas                                     | Diced Peaches                       | Diced Mangoes                 |
| <b>Meat or Meat Alt (Optional)</b>  |                                   |   | Egg Patty (D, E, S)                         |                                     |                               |
| <b>Grain</b>  | Rice Krispy Cereal                | Whole Wheat Pancakes (D, E, S, W)           |   | Cheesy Grits (D, S, W)              | Whole Grain Muffins (E, S, W) |
| <b>Milk*, fluid</b>   | Milk (D)                          | Milk (D)                                    | Milk (D)                                    | Milk (D)                            | Milk (D)                      |
| <b>Condiments</b>   |                                   | Syrup, Butter (D)                           | Ketchup (C), Shredded Cheese (D), Salsa (C) | Butter (D)                          |                               |
| <b>LUNCH</b>  |                                   |   |   |                                     |                               |
| <b>Fruit</b>  |                                   |   |   |                                     | Apples                        |
| <b>Vegetable</b>  |                                   |   |   |                                     | Corn                          |
| <b>Meat or Meat Alt</b>   |                                   |   |   |                                     | Ground Turkey Chili (C)       |
| <b>Grain</b>  |                                   |   |   |                                     | Cornbread (D, E, S, W)        |
| <b>Milk*, fluid</b>   |                                   |   |   |                                     | Milk (D)                      |
| <b>Condiments</b>   |                                   |   |   |                                     |                               |
| <b>SNACK</b>  |                                   |   |   |                                     |                               |
| <b>Fruit</b>  |                                   |   | Fruit Cocktail                              |                                     |                               |
| <b>Vegetable</b>  |                                   |   |   | Cucumber Slices                     |                               |
| <b>Meat or Meat Alt</b>   |                                   |   |   |                                     | String Cheese (D)             |
| <b>Grain</b>  | Whole Wheat Soft Mini Pretzel (W) | Whole Wheat Berry Animal Crackers (D, S, W) | Whole Corn Tortilla Chips (S)               | Whole Wheat Pita Bread Wedges (W)   | Cheez-It Crackers (D, S, W)   |
| <b>Milk*, fluid</b>   | Milk (D)                          | Milk (D)                                    |   |                                     |                               |
| <b>Condiments</b>   | Honey Mustard (E, S)              |   | Salsa (C)                                   | Sunbutter, Ranch Dressing (D, E, S) |                               |

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Condiments available upon request

#7422

Lejeune-New River Child Youth Programs SAC (TTYP/SSYP) Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

| Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus |   |   |                                       |                                      |                                  |
|--|---|---|---------------------------------------|--------------------------------------|----------------------------------|
| CHARLIE WEEK   | MONDAY                                      | TUESDAY                                     | WEDNESDAY                             | THURSDAY                             | FRIDAY                           |
| This institution is an equal opportunity provider.                         | December 16, 2024                           | December 17, 2024                           | December 18, 2024                     | December 19, 2024                    | December 20, 2024                |
| <b>BREAKFAST</b>   |   |   |                                       |                                      |                                  |
| <b>Fruit</b>   | Diced Peaches                               | Pineapple Tidbits (C)                       | Bananas                               | Oranges (C)                          | Blueberries                      |
| <b>Meat or Meat Alt (Optional)</b>   |   | Egg Patty (D, E, S)                         |                                       |                                      |                                  |
| <b>Grain</b>   | Cornflakes Cereal (W)                       |   | Kix Cereal                            | Cream of Wheat w/ Brown Sugar (D, W) | Whole Wheat Waffles (D, E, S, W) |
| <b>Milk*, fluid</b>  | Milk (D)                                    | Milk (D)                                    | Milk (D)                              | Milk (D)                             | Milk (D)                         |
| <b>Condiments</b>  |   | Ketchup (C), Shredded Cheese (D), Salsa (C) |                                       | Butter (D)                           | Syrup, Butter (D)                |
| <b>LUNCH</b>   |   |   |                                       |                                      |                                  |
| <b>Fruit</b>   |   |   |                                       |                                      |                                  |
| <b>Vegetable</b>   |   |   |                                       |                                      |                                  |
| <b>Meat or Meat Alt</b>  |   |   |                                       |                                      |                                  |
| <b>Grain</b>   |   |   |                                       |                                      |                                  |
| <b>Milk*, fluid</b>  |   |   |                                       |                                      |                                  |
| <b>Condiments</b>  |   |   |                                       |                                      |                                  |
| <b>SNACK</b>   |   |   |                                       |                                      |                                  |
| <b>Fruit</b>   |   |   | Apples                                | Diced Peaches                        |                                  |
| <b>Vegetable</b>   |   | Cucumber Slices                             |                                       |                                      | Carrot Sticks                    |
| <b>Meat or Meat Alt</b>  |   |   | Dannon Light & Fit Vanilla Yogurt (D) |                                      | String Cheese (D)                |
| <b>Grain</b>   | Whole Wheat Berry Animal Crackers (D, S, W) | Whole Grain Cracker Bites (D, S, W)         |                                       | Whole Corn Tortilla Chips (S)        |                                  |
| <b>Milk*, fluid</b>  | Milk (D)                                    |   |                                       |                                      |                                  |
| <b>Condiments</b>  |   | Ranch Dressing (D, E, S)                    |                                       | Salsa (C)                            | Ranch Dressing (D, E, S)         |

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Condiments available upon request

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|--|--|--|------------------------------|------------------------------|--|
| Alpha Week   | MONDAY                                   | TUESDAY                                      | WEDNESDAY                    | THURSDAY                     | FRIDAY                                   |
| This institution is an equal opportunity provider.                         | December 23, 2024                        | December 24, 2024                            | December 25, 2024            | December 26, 2024            | December 27, 2024                        |
| BREAKFAST  |  |  |                              |                              |  |
| Fruit  | Fruit Cocktail                           | Oranges (C)                                  |                              |                              | Diced Pears                              |
| Meat or Meat Alt (Optional)  |  |  |                              |                              |  |
| Grain  | Life Cereal (W)                          | Whole Grain French Toast Sticks (D, E, S, W) |                              |                              | Whole Wheat Pancakes (D, E, S, W)        |
| Milk*, fluid   | Milk (D)                                 | Milk (D)                                     |                              |                              | Milk (D)                                 |
| Condiments   |  | Syrup  |                              |                              | Syrup, Butter (D)                        |
| LUNCH  |  |  |                              |                              |  |
| Fruit  | Applesauce                               | Diced Peaches                                | CLOSED<br><br>HAPPY HOLIDAYS | CLOSED<br><br>HAPPY HOLIDAYS | Fruit Cocktail                           |
| Vegetable  | Green Beans                              | Corn   |                              |                              | Green Beans                              |
| Meat or Meat Alt   | Sliced Ham & Cheese (D)                  | Meatballs W/ BBQ Sauce (D, S, W, C)          |                              |                              | Shredded Chicken w/ Mayo & Relish (E, S) |
| Grain  | Whole Wheat Bread (S, W)                 | Jasmine Rice                                 |                              |                              | Whole Wheat Bread (S, W)                 |
| Milk*, fluid   | Milk (D)                                 | Milk (D)                                     |                              |                              | Milk (D)                                 |
| Condiments   | Pickles, Mustard, Mayo (E)               |  |                              |                              |  |
| SNACK  |  |  |                              |                              |  |
| Fruit  |  |  |                              |                              |  |
| Vegetable  |  | Cucumber Slices                              |                              |                              |  |
| Meat or Meat Alt   |  |  |                              |                              |  |
| Grain  | Whole Grain Sweet Potato Crackers (S, W) | Whole Grain Cracker Bites (D, S, W)          |                              |                              | Cheddar Goldfish Cracker (D, W)          |
| Milk*, fluid   | Milk (D)                                 |  |                              |                              | Milk (D)                                 |
| Condiments   |  | Ranch Dressing (D, E, S)                     |                              |                              |  |

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|--|-------------------------------------|---|-----------------------|-----------------------|-------------------------------|
| BRAVO WEEK   | MONDAY                              | TUESDAY                                     | WEDNESDAY             | THURSDAY              | FRIDAY                        |
| This institution is an equal opportunity provider.                         | December 30, 2024                   | December 31, 2024                           | January 1, 2025       | January 2, 2025       | January 3, 2025               |
| BREAKFAST  |                                     |   |                       |                       |                               |
| Fruit  | Fruit Cocktail                      | Pineapple Tidbits (C)                       |                       |                       | Tropical Fruit (C)            |
| Meat or Meat Alt (Optional)  |                                     |   |                       |                       |                               |
| Grain  | Rice Krispy Cereal                  | Whole Wheat Pancakes (D, E, S, W)           |                       |                       | Whole Grain Muffins (E, S, W) |
| Milk*, fluid   | Milk (D)                            | Milk (D)                                    |                       |                       | Milk (D)                      |
| Condiments   |                                     | Syrup, Butter (D)                           |                       |                       |                               |
| LUNCH  |                                     |   |                       |                       |                               |
| Fruit  | Diced Pears                         | Oranges (C)                                 |                       |                       | Applesauce                    |
| Vegetable  | Carrot Sticks                       | Green Peas                                  |                       |                       | Green Beans                   |
| Meat or Meat Alt   | Sunbutter & Jelly String Cheese (D) | Diced Ham                                   | <b>CLOSED</b>         | <b>CLOSED</b>         | Sliced Ham & Cheese (D)       |
| Grain  | Whole Wheat Bread (S, W)            | Whole Grain Macaroni w/ Cheese (D, S, W)    | <b>HAPPY NEW YEAR</b> | <b>HAPPY NEW YEAR</b> | Whole Wheat Bread (S, W)      |
| Milk*, fluid   | Milk (D)                            | Milk (D)                                    |                       |                       | Milk (D)                      |
| Condiments   | Ranch Dressing (D, E, S)            |   |                       |                       | Pickles, Mustard, Mayo (E)    |
| SNACK  |                                     |   |                       |                       |                               |
| Fruit  |                                     |   |                       |                       |                               |
| Vegetable  |                                     |   |                       |                       |                               |
| Meat or Meat Alt   |                                     | String Cheese (D)                           |                       |                       | String Cheese (D)             |
| Grain  | Whole Wheat Soft Mini Pretzel (W)   | Whole Wheat Berry Animal Crackers (D, S, W) |                       |                       | Cheez-It Crackers (D, S, W)   |
| Milk*, fluid   | Milk (D)                            |   |                       |                       |                               |
| Condiments   | Honey Mustard (E, S)                |   |                       |                       |                               |

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