

#7422

Lejeune-New River Child Youth Programs SAC (TTYP/SSYP) Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus					
Alpha Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	July 29, 2024	July 30, 2024	July 31, 2024	August 1, 2024	August 2, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain	Whole Grain French Toast Sticks (D, E, S, W)	Life Cereal (W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Syrup		Butter (D)		Syrup, Butter (D)
LUNCH					
Fruit	Applesauce	Diced Peaches	Mandarin Oranges (C)	Pineapple Tidbits (C)	Diced Pears
Vegetable	Green Beans	Corn	Potato Medley	Spinach	Diced Carrots
Meat or Meat Alt	Sliced Ham & Cheese (D)	Meatballs W/ BBQ Sauce (D, S, W, C)	Egg Patty (D, E, S)	Teriyaki Diced Chicken (S, W, C)	Ground Turkey Meat Sauce (C)
Grain	Whole Wheat Bread (S, W)	Jasmine Rice	Whole Wheat Flour Tortilla (W)	Fried Jasmine Rice (S, W)	Whole Grain Spaghetti Noodles (W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Pickles, Mustard, Mayo (E)		Ketchup (C) Shredded Cheese (D), Salsa (C)		
SNACK					
Fruit			Apples	Diced Peaches	
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D, W)
Milk*, fluid	Milk (D)				Milk (D)
Condiments		Ranch Dressing (D, E, S)		Salsa (C)	

Menu subject to change. Revised 4/2024

*Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk; Fat-Free Chocolate Milk offered for Monday PM Snack

Condiments available upon request

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	August 5, 2024	August 6, 2024	August 7, 2024	August 8, 2024	August 9, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Pineapple Tidbits (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)		
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup, Butter (D)	Ketchup (C), Shredded Cheese (D), Salsa (C)	Butter (D)	
LUNCH					
Fruit	Diced Pears	Oranges (C)	Applesauce	Tropical Fruit (C)	Apples
Vegetable	Carrot Sticks	Green Peas	Shredded Lettuce & Diced Tomatoes (C)	Sweet Potatoes	Corn
Meat or Meat Alt	Sunbutter & Jelly String Cheese (D)	Diced Ham	Taco Seasoned Ground Turkey (C)	Diced Chicken in BBQ Sauce (C)	Ground Turkey Chili (C)
Grain	Whole Wheat Bread (S, W)	Whole Grain Macaroni w/ Cheese (D, S, W)	Whole Wheat Flour Tortilla (W)	Whole Wheat Bun (S, W)	Cornbread (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Ranch Dressing (D, E, S)		Ranch Dressing (D, E, S), Salsa (C), Shredded Cheese (D)		
SNACK					
Fruit			Fruit Cocktail		
Vegetable				Cucumber Slices	
Meat or Meat Alt					String Cheese (D)
Grain	Whole Wheat Soft Mini Pretzel (W)	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Corn Tortilla Chips (S)	Whole Wheat Pita Bread Wedges (W)	Cheez-It Crackers (D, S, W)
Milk*, fluid	Milk (D)	Milk (D)			
Condiments	Honey Mustard (E, S)		Salsa (C)	Sunbutter, Ranch Dressing (D, E, S)	

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	August 12, 2024	August 13, 2024	August 14, 2024	August 15, 2024	August 16, 2024
BREAKFAST					
Fruit	Diced Peaches	Pineapple Tidbits (C)	Bananas	Oranges (C)	Blueberries
Meat or Meat Alt (Optional)		Egg Patty (D, E, S)			
Grain	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Waffles (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Ketchup (C), Shredded Cheese (D), Salsa (C)		Butter (D)	Syrup, Butter (D)
LUNCH					
Fruit	Mandarin Oranges (C)	Tropical Fruit (C)	Diced Pears	Applesauce	Pineapple Tidbits (C)
Vegetable	Potato Salad (E, S)	Green Peas	Diced Carrots	Chopped Broccoli	Celery/Carrot Sticks
Meat or Meat Alt	Sliced Turkey & Cheese (D)	Diced Chicken w/ Alfredo Sauce (D, S)	Cowboy Beans (Ground Turkey, Baked Beans) (C)	Diced Turkey w/ Gravy (D, S, W)	Turkey Pepperoni & Cheese (D)
Grain	Whole Wheat Pita Bread (W)	Linguini Noodles (W)	Cornbread (D, E, S, W)	Jasmine Rice	Whole Grain Pizza Crust (W, D, S, C)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Pickles, Mustard, Mayo (E)				Ranch Dressing (D, E, S)
SNACK					
Fruit			Apples	Diced Peaches	
Vegetable		Cucumber Slices			Carrot Sticks
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	
Milk*, fluid	Milk (D)				
Condiments		Ranch Dressing (D, E, S)		Salsa (C)	Ranch Dressing (D, E, S)

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Alpha Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	August 19, 2024	August 20, 2024	August 21, 2024	August 22, 2024	August 23, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries
Meat or Meat Alt (Optional)					
Grain	Whole Grain French Toast Sticks (D, E, S, W)	Life Cereal (W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments	Syrup		Butter (D)		Syrup, Butter (D)
LUNCH					
Fruit					
Vegetable					
Meat or Meat Alt					
Grain					
Milk*, fluid					
Condiments					
SNACK					
Fruit			Apples	Diced Peaches	
Vegetable		Cucumber Slices			
Meat or Meat Alt			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D, W)
Milk*, fluid	Milk (D)				Milk (D)
Condiments		Ranch Dressing (D, E, S)		Salsa (C)	

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	August 26, 2024	August 27, 2024	August 28, 2024	August 29, 2024	August 30, 2024
BREAKFAST					
Fruit	Fruit Cocktail	Pineapple Tidbits (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)			Egg Patty (D, E, S)		
Grain	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)
Milk*, fluid	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments		Syrup, Butter (D)	Ketchup (C), Shredded Cheese (D), Salsa (C)	Butter (D)	
LUNCH					
Fruit					
Vegetable					
Meat or Meat Alt					
Grain					
Milk*, fluid					
Condiments					
SNACK					
Fruit			Fruit Cocktail		
Vegetable				Cucumber Slices	
Meat or Meat Alt					String Cheese (D)
Grain	Whole Wheat Soft Mini Pretzel (W)	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Corn Tortilla Chips (S)	Whole Wheat Pita Bread Wedges (W)	Cheez-It Crackers (D, S, W)
Milk*, fluid	Milk (D)	Milk (D)			
Condiments	Honey Mustard (E, S)		Salsa (C)	Sunbutter, Ranch Dressing (D, E, S)	

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