

JAN 9 • 8AM-4PM

Baby BOOT CAMP



CLASS IS FOR EXPECTING PARENTS.
A full-day class to provide parents with an understanding of their infant's world and basic skills for the transition to parenthood.

TOPICS DISCUSSED

- ★ Postpartum
- ★ Shaken baby syndrome (SBS)
- ★ Basic infant care & baby safety
- ★ Period of purple crying
- ★ Sudden infant death syndrome (SIDS)
- ★ Parental self-care

REGISTRATION required at tinyurl.com/29-events no later than seven days prior to class. For more info, call (760) 830-7622.

